

**CABINET FOR HEALTH AND FAMILY SERVICES
ADVISORY COUNCIL FOR MEDICAL ASSISTANCE**

September 28, 2017
10:00 A.M.
Room 125
Capitol Annex
Frankfort, Kentucky

MEETING

APPEARANCES

Elizabeth Partin
CHAIR

Susie Riley
Chris Carle
Peggy Roark
Julie Spivey
Eric Wright
Ashima Gupta
Steven Compton
Gary Marsh
Melody Stafford
Jay Tumbo
Stacey Watkins
William Schult
Sheila M. Currans
Teresa Aldridge
Jerry Roberts
Susan Stewart
COUNCIL MEMBERS PRESENT

CAPITAL CITY COURT REPORTING

TERRI H. PELOSI, COURT REPORTER

900 CHESTNUT DRIVE

FRANKFORT, KENTUCKY 40601

(502) 223-1118

AGENDA

1.	Call to Order		4
2.	Welcome new members - Melody Stafford, William Schult, Stacey Watkins, Jerry Roberts, Teresa Aldridge, Sheila Currans.		4
3.	Thanks for service - Barry Whaley and Charlotte Whitaker		4
4.	Approval of minutes from May, July, September, November, 2016 and January, March, May and July, 2017		4
5.	Election of Chair, Vice-Chair, Secretary..	5 -	7
6.	Old Business		
	(a) Hepatitis C uniform treatment form...	7 -	10
	(b) MAC policies - The ad hoc committee submitted recommendations. DMS was to offer feedback	10 -	11
	(c) Aetna - Questions from last meeting..	11 -	21
	1) Why wait to treat Hepatitis C until Stage 3?		
	2) Why exclude NPs from quality reward program		
	3) Success rate for member incentive rewards		
	4) Data on success of decreasing ER visits		
	5) Locations and dates for diabetic classes		
	(d) Anthem	21 -	27
	1) What is ER utilization and what is Anthem doing to decrease ER use		
	2) Quality care - eye exam measure		
7.	Updates on Medicaid	27 -	75
	(a) Definition of medically frail and how will it be determined if a participant is medically frail		
	(b) Medicaid use of mobile/remote technology and how it is reimbursed		
	(c) List of how Medicaid participants will earn rewards under Waiver		
	(d) Update on Medicaid Waiver		

AGENDA
(Continued)

8.	Reports and Recommendations from TACs	
	*Behavioral Health	75 - 80
	*Children's Health	(No report)
	*Consumer Rights and Client Needs	(No report)
	*Dental	80
	*Nursing Home Care	80 - 81
	*Home Health	81
	*Hospital Care	81 - 83
	*Intellectual and Developmental Disabilities	(No report)
	*Nursing Services	(No report)
	*Optometric Care	83
	*Pharmacy	(No report)
	*Physician Services	83 - 84
	*Podiatric Care	(No report)
	*Primary Care	84 - 88
	*Therapy Services	(No report)
9.	Presentation - Substance use disorder, available treatment and Casey's Law	88 - 110
10.	Presentation from MCO providing summary of past year	
	*Humana	110 - 127
	*Passport	127 - 139
11.	New Business	139 - 142
12.	Adjourn	142

1 CHAIR PARTIN: We will get
2 started. First of all, I'd like to welcome our new
3 members to the Council - Melody Stafford, William
4 Schult, Stacey Watkins, Dr. Jerry Roberts, Teresa
5 Aldridge and Sheila Currans. Welcome.

6 And thank you to our outgoing
7 members, Barry Whaley and Charlotte Whitaker.

8 We do have a quorum which is a
9 first in over a year. So, even though our new
10 members have not seen minutes from May, July,
11 September or November of 2016 and the previous
12 minutes from January, March, May and July of 2017, we
13 do need to approve minutes.

14 So, for those of you who have
15 looked at the minutes or maybe new members who have
16 looked at them already, I need a motion to approve
17 minutes.

18 MR. CARLE: So moved.

19 CHAIR PARTIN: Any second?

20 MR. TUMBO: Second.

21 CHAIR PARTIN: Jay seconded.

22 Any discussion? All in favor, say aye. Opposed? So
23 moved. Thank you.

24 MR. CARLE: We should ask for a
25 round of applause for that.

1 CHAIR PARTIN: Next on the
2 agenda is the election of a Chair, Vice-Chair and a
3 Secretary. Again, because we have not had a quorum,
4 we have not been able to elect a Chair or a Vice-
5 Chair or a Secretary, and KRS 205.540 requires us to
6 elect a Chairperson, a Vice-Chairperson and a
7 Secretary at the first regular meeting of each fiscal
8 year.

9 Now, I don't know which fiscal
10 year we would follow; but I think since all of the
11 members are appointed in April and, then, your terms
12 are staggered, depending on what year you've been
13 appointed, I think that would be a good point for us
14 to start as far as our year.

15 Did you want to say something?

16 MS. CECIL: Well, the fiscal
17 year it refers to is the State fiscal year. So, it's
18 July 1.

19 CHAIR PARTIN: July 1. Okay.
20 So, we can go with that.

21 So, what I would like to
22 propose is that we hold an election at our next
23 meeting, and those people who are selected will serve
24 until the following May. And, then, we'll have
25 another election in May and that person will serve

1 for a full year. Is the Council agreeable to that?

2 So, this will give an
3 opportunity for the new members to get to see how the
4 Council functions and, then, at our next meeting, we
5 will hold an election.

6 If you wouldn't mind, if you
7 are interested in serving in any of those positions,
8 go ahead and email me after this meeting and give me
9 your name and, then, we'll put you on the ballot for
10 our next meeting. Yes?

11 DR. GUPTA: Can you maybe email
12 us with the job descriptions of those positions?

13 CHAIR PARTIN: We don't have
14 any job descriptions, but we are working on the
15 policies.

16 At the last Council meeting,
17 the Council had submitted its proposals. DMS was
18 going to look at those proposals, offer any
19 suggestions, bring it back to our ad hoc committee
20 and, then, our ad hoc committee was going to make a
21 final draft to bring before the Council for approval.

22 So, hopefully, those
23 suggestions will be coming forth at this meeting.
24 And, so, we will be able to at our November meeting
25 offer that to the Council to approve.

1 So, you are shooting in the
2 dark. You can kind of get an idea, and I'll be glad
3 to talk to anybody about what the Chairperson does.
4 As far as what the Vice-Chair or the Secretary does,
5 that's kind of up in the air.

6 With that being said, let's
7 move on to Old Business. The first item is Hepatitis
8 C uniform treatment form. We were going to be able
9 to see where the State was on that, getting that
10 together.

11 DR. MCKINLEY: Good morning.
12 I'm Dr. Samantha McKinley. I'm the Pharmacy Director
13 for Kentucky Medicaid.

14 DR. LIU: Good morning. Gil
15 Liu, Chief Medical Officer, Department for Medicaid
16 Services.

17 DR. MCKINLEY: The last time
18 that we spoke about Hep C, if I remember correctly, I
19 sat here at the table and was able to tell you all
20 that I thought it would be September before we would
21 get the class to our P&T for a full class review. I
22 believe that's what I said.

23 The Hep C class now for sure
24 will be on the November agenda. We missed September
25 on purpose. Any changes made by the November P&T

1 Committee would most likely take effect close to
2 January.

3 The missing of September,
4 again, like I said, was on purpose. We held it up to
5 try to do some last-minute negotiations and
6 strategies within the market and pricing baskets that
7 we manage on behalf of our beneficiaries. It went a
8 little bit slower than I expected. So, that's why
9 now it will roll over to November's agenda.

10 However, the good news is with
11 the current pricing proposals that we have in hand,
12 we can now take a big leap towards those final stages
13 of things that we've all talked about repeatedly
14 within this category of disease states.

15 So, we are currently diligently
16 moving forward and on a fast track to increase access
17 to the class of meds as a whole for all Kentucky
18 Medicaid beneficiaries, not just fee-for-service.

19 We're expanding and looking at
20 our provider options and availability within the
21 treatment options.

22 We are looking at severe
23 reductions or complete elimination of fibrosis
24 scores.

25 We're looking at our treatment

1 or co-treatment of opioid addiction with these drugs
2 as well.

3 We're also looking to increase
4 our treatment options that are available for our
5 pediatric populations, and we're going to gain our
6 alignment of these goals across all of our MCO health
7 plan partners as we move forward.

8 And, so, that's kind of the
9 update of where we are now. I'll be happy to take
10 any questions from the committee, or, Gil, if you
11 would like to add to any of that.

12 DR. LIU: Maybe I'll just see
13 what questions there are. I think that's a very good
14 summary, and I did want to take a moment and just
15 welcome the new members of the Council.

16 MR. CARLE: One other item on
17 the agenda that we had that we were working on was a
18 consistent application of authorization throughout
19 all of the MCOs, that there was a uniform approach to
20 that as well.

21 DR. McKINLEY: Correct. And,
22 so, that's the gaining the alignment piece, Chris.
23 That's where that will come.

24 Right now we have the two PA
25 forms. We have the buprenorphine form and then we

1 have the general form. We may end up needing, as we
2 kind of proceed down that line, with a third form
3 that is strictly for Hep C if we need to go that
4 route just because of the drugs that they are.

5 When I think about it, we may
6 not need that because those forms now currently cover
7 these drugs. I don't really want to add a third form
8 unless there's a big benefit to adding a third form
9 because it's just one more piece of paper that
10 everybody has to shuffle and that's no fun for
11 anyone.

12 So, I would like to keep it to
13 the two we have, but we will, in essence, sort of
14 have common criteria. So, that will alleviate a lot
15 of the burden of the provider trying to figure out
16 the rotation, right, of whose MCO is in place at the
17 moment.

18 MR. CARLE: And that's exactly
19 what we were trying to accomplish. So, thank you.

20 DR. McKINLEY: That is not
21 forgotten. That will accomplish.

22 MR. CARLE: Great. Thank you.

23 DR. PARTIN: Anybody else have
24 any questions? Thank you.

25 And, then, next on the agenda

1 were the policies that I spoke of earlier.

2 MS. CECIL: Good morning.

3 Veronica Cecil, Deputy Commissioner for Medicaid.

4 And I do apologize that we have not gotten those
5 changes back to the ad hoc committee.

6 We will commit to doing that in
7 the next week. We'll get it to the ad hoc committee;
8 and if they are comfortable with the recommendations,
9 we will then be happy to send that out to the entire
10 MAC for their review, if that's okay with you.

11 CHAIR PARTIN: Okay.

12 MS. CECIL: Thank you.

13 CHAIR PARTIN: And at our last
14 meeting, Aetna gave a presentation and they were
15 going to provide us with some followup information.

16 So, at this point in time, I
17 would like to ask the Aetna representatives to come
18 forward and we can go over those questions that were
19 outstanding from the last time.

20 DR. HEISTAND: Dr. David
21 Heistand. I'm Medical Director of Aetna Better
22 Health of Kentucky. Unfortunately, I was not able to
23 be here at the last meeting but I think I have
24 answers to all your questions.

25 MS. RICHARDSON: I'm Kimberlee

1 Richardson, Director of Behavioral Health for Aetna.

2 DR. HEISTAND: The first
3 question really harkens back to what Dr. McKinley
4 just mentioned, treatment of Hepatitis C at fibrosis
5 Stage 3.

6 We have simply mirrored the
7 State Medicaid benefit and policy and we are in
8 agreement. We've had extensive discussions with Dr.
9 McKinley and Dr. Liu. We will be complying and going
10 along with decisions that will be made with the
11 November P&T. So, we will fall in line with what the
12 State decides to do at that time.

13 CHAIR PARTIN: So, no rationale
14 for waiting for Stage 3. It's just because somebody
15 else does it that way, that you do it that way?

16 DR. HEISTAND: We are in line
17 with the State fee-for-service schedule.

18 There is an extensive rationale
19 for why a fibrosis Stage 3 has been utilized as a cut
20 point for treatment, but I am not an expert in the
21 field nor am I the policymaker, and, so, those
22 discussions would be outside of my area of expertise.

23 CHAIR PARTIN: Okay.

24 DR. HEISTAND: With regard to
25 why nurse practitioners may have been thought to be

1 excluded from the Quality Reward Program, I'm really
2 not certain why that statement was made. Nurse
3 practitioners are PCPs within the Aetna system. PCPs
4 are included in the value-based solution agreements
5 that we have. So, across the spectrum, nurse
6 practitioners would roll into the larger agreements.

7 Individual nurse practitioners,
8 if individuals were to wish to be a part of our PCMH
9 as an individual of our QR programs, they're eligible
10 for that as well.

11 CHAIR PARTIN: The reason the
12 question was there is because we were told
13 specifically that they were not included, only
14 physicians.

15 DR. HEISTAND: No. They are
16 and they are listed as PCPs. Linda Steinke who gave
17 the presentation is retired from the organization,
18 and I don't know if that was confusion or what but
19 they are listed as PCPs.

20 Success rates for member
21 incentive rewards, specifically the diabetic retinal
22 exam, I have some numbers for you. I would not want
23 to--this was not a scientific study. It's
24 correlative data. In 2014, our HEDIS rate was about
25 40½%. In 2016, it was 46.6%. So, we've seen about a

1 6% increase that correlates with the time in which we
2 have been giving incentives for members completing
3 that exam. So, again, I don't think it's causative
4 but it correlates and that's the best we can do with
5 that. We will continue to monitor that.

6 You asked for data on success
7 of decreasing ER visits. We have several programs in
8 place. Year over year, we've seen a 9.1% decrease in
9 ER utilization.

10 And, then, the final question
11 was related to locations and dates for diabetic
12 classes. We have just received our final
13 certification and eligibility to complete this.
14 Classes are being scheduled in 2018 currently. Those
15 specific dates and times are being finalized and we
16 can post those to the website when we've completed
17 that.

18 Our goal is to offer these
19 programs in counties that do not have ongoing
20 programs available. So, we have received some
21 information on counties that do not have opportunity
22 and we will be pushing to schedule in those counties
23 specifically.

24 CHAIR PARTIN: Will you be
25 notifying the participants of your ensurance of these

1 classes? Will something go out?

2 DR. HEISTAND: Yes. Yes, they
3 will. And, again, the classes are not specific to
4 our membership. They're being offered in the
5 counties and they're open to anyone who wishes to
6 attend, but, yes, we will be notifying our membership
7 of the availability of the classes.

8 CHAIR PARTIN: Okay. Great.

9 DR. HEISTAND: Any other
10 questions?

11 MS. CURRANS: Could I back up
12 to the ER visits? A 9.1% decrease in utilization in
13 what year?

14 DR. HEISTAND: Year over year,
15 the year ending in May of 2017.

16 MS. CURRANS: Could you just
17 give a brief description of what those programs or
18 strategies have been?

19 DR. HEISTAND: Those were in
20 the presentation that we provided. So, the details
21 are in that presentation.

22 Essentially, they are outreach
23 opportunities to members who have had multiple
24 Emergency Department visits, letters to providers
25 which are probably not all that effective, quite

1 honestly. We have new mailers going out soon to
2 members. We've done that in the past. We'll be
3 doing it again. So, probably a host of
4 opportunities.

5 MS. CURRANS: Can I ask if
6 there has been work in correlation to how many with
7 reoccurring ED visits have an underlying behavioral
8 health need?

9 DR. HEISTAND: The number is
10 quite high. I can't quote it for you, but we do
11 believe that there are a significant number of
12 recurrent Emergency Department utilizers who have at
13 least some behavioral health diagnoses on the list.

14 MS. CURRANS: And, then, is
15 there case management within your division?

16 DR. HEISTAND: Absolutely, yes.
17 That's a specific focus. As relates to our
18 readmission program, we are specifically working with
19 individuals with coexisting behavioral health
20 conditions to try to make certain that their hospital
21 readmissions are addressed and needs are met.

22 MS. CURRANS: Thank you.

23 CHAIR PARTIN: Any other
24 questions?

25 MR. MARSH: I have one question

1 having to do with the treatment of Hep C until Stage
2 3. And I understand that you're not capable in your
3 professional opinion to answer that question, but who
4 within Aetna is able to answer that question?

5 DR. HEISTAND: Again, this is a
6 policy decision that is to mirror the State benefit
7 plan.

8 MR. MARSH: That's not what I'm
9 asking. I want to know what the rationale is to why
10 you wait until Stage 3 to treat Hep C?

11 DR. HEISTAND: So, are you
12 asking what the managed care decision process is in
13 general?

14 MR. MARSH: I'm asking why you
15 make the decision to wait until Stage 3. I don't
16 know what the process is because that doesn't tell
17 you an answer. I want to know why you choose or any
18 insurer chooses to wait to treat Hep C until Stage 3.
19 That's all I'm asking.

20 DR. HEISTAND: In summary, it
21 has to do with the risk of progression and the cost
22 of treatment. Essentially, the cost of treating
23 everyone with Hepatitis C outstrips the capability of
24 the health care system to support that process,
25 considering the literature that does not indicate

1 that all members progress to chronic end-stage liver
2 disease.

3 MR. MARSH: Okay. So, that's
4 your answer.

5 DR. HEISTAND: That's the best
6 I can give you.

7 MR. MARSH: Okay. Thank you.

8 MR. CARLE: Can I go back to
9 the ED visit question?

10 DR. HEISTAND: Sure.

11 MR. CARLE: What type of
12 education do you do with your providers related to
13 avoidable ED visits because that's what you want to
14 do try to do? There are valid emergency room visits.

15 DR. HEISTAND: Sure. Sure.

16 MR. CARLE: So, give us a
17 sense, and I did pull out what was provided last time
18 which is appreciated, but give the committee a sense
19 for what you do to educate not only the providers but
20 also the participants related to avoidable ED visits.

21 DR. HEISTAND: For the
22 participants, it's simply education about what
23 conditions would be considered emergent, what needs
24 to be seen - chest pain, I think I'm having a
25 stroke, those sorts of activities, education about

1 our nurse line, education about the fact that many
2 providers have nurse lines where they can contact a
3 triage individual for assistance.

4 With regard to education to
5 providers, it's probably not as much of an education
6 as it is of information and dialogue of what can we
7 do. Is there an opportunity to have extended hours?
8 Is there a need to have a triage call system?

9 I'm not certain physicians need
10 much education. It's really more of a provider
11 notification and a request to see if there's
12 anything we could do to help facilitate that.

13 MR. CARLE: So, can you tell us
14 any direct stats related to it says the CM outreaches
15 its members with three-plus ER visits each month.
16 The remaining members with one to two ER visits are
17 sent an ER mailer. That's all well and good. You
18 don't even know if they get it.

19 DR. HEISTAND: Correct.

20 MR. CARLE: And, so, what kind
21 of success do you have on bringing down these overall
22 ER visits and getting them into the urgent care
23 setting or with their PCP?

24 DR. HEISTAND: At this point, I
25 don't think I have--I don't have specific data to

1 those programs, and I think it's going to be a year
2 or more before I do, to be honest with you.

3 MR. CARLE: All right.

4 MS. WATKINS: I have a question
5 kind of related on the same line. Do you all have
6 anything in place to where you all are looking at why
7 those certain individuals are going back those three
8 times?

9 I'm just curious as to do you
10 have anything in place for like transition of care
11 where you're looking at the comorbidities of the
12 patients to where you're trying to keep the patients
13 out of the hospital, maintaining their health so that
14 they're not going back to the emergency room?

15 DR. HEISTAND: Optimally, we
16 could have a programmatic, systematic mechanism to do
17 that. At this time, it's really individualized. So,
18 our case manager is defining a root cause analysis of
19 reasons why folks are going to the ER. So, we have
20 anecdotal, you know, descriptions.

21 One individual couldn't get her
22 PA done with her provider for her chronic opioid.
23 So, we talked with the provider and said how can we
24 help you do this or do you realize this needs to be
25 done, worked out, that was taken care of.

1 We have another member that was
2 having some chronic abdominal pain and for some
3 reason couldn't get into the specialist that needed
4 to be seen. We fixed that in about thirty seconds.

5 So, I wish I could give you a
6 description but they're all individualized. And, so,
7 if we can come up with a systematic way to address,
8 we'll be very grateful and happy about that, but
9 right now it's individualized.

10 MS. WATKINS: Okay. Thank you.

11 CHAIR PARTIN: Anything else?

12 All right. Thank you.

13 DR. HEISTAND: Thank you.

14 CHAIR PARTIN: Next up is

15 Anthem.

16 DR. RUDD: Good morning. My
17 name is Andrew Rudd. I'm the Pharmacy Director for
18 Anthem. I'll be speaking on behalf of Anthem today.

19 The question that was asked was
20 also around ER utilization and what Anthem is doing
21 to decrease that.

22 Looking year over year from
23 2015 data all the way through the second quarter,
24 2017 data, in 2015, our total visits per 1,000 member
25 months was 472. Looking at the total of preventable

1 ER visits was about 9.7%. And looking at the next
2 year data, total visits decreased by almost 13%,
3 about 413 visits per 1,000 members, and looking at
4 the preventable ER was 7.5%.

5 And, so, we had effectively a
6 13% decrease overall and just over a 2% decrease for
7 preventable visits to the emergency room.

8 A lot of this was accomplished
9 through a multi-prong approach. A lot of it was case
10 management telephonic outreach to members. Those
11 were members that had three or more visits to the ER.
12 And, so, that was marginally successful.

13 Another approach was that our
14 members were mailed listings of urgent treatment
15 centers in their area. And along with that list,
16 they were also given a refrigerator magnet that had
17 our nurse line number. So, they had that resource
18 that they could call that nurse and get that initial
19 information of should I go to the ER.

20 And, so, looking at that, the
21 mailer and the urgent treatment center list, had
22 about a 28% increase in visits to the urgent
23 treatment center of those members who had previously
24 been using ER for treatment.

25 So, that outreach, you know,

1 simply providing that alternative treatment source
2 had an impact on where patients were going to receive
3 treatment.

4 MS. CURRANS: Can I ask you a
5 question about the preventable? Did you use the word
6 preventable as a percentage? I just missed that
7 part.

8 DR. RUDD: I did. From a
9 standpoint of - and this is based on diagnosis code -
10 it was 9.7% for 2015 and, then, the same data for
11 2016 was 7.5%.

12 MS. CURRANS: And is that
13 diagnosis code the provisional or the final, based on
14 the final diagnosis----

15 DR. RUDD: I believe it is
16 based on final.

17 MS. CURRANS: ----after review
18 of the patient and assessment or the provisional
19 which is the reason the patient was brought in to the
20 ED?

21 DR. RUDD: I'm not 100% certain
22 of that. I believe it is the final, after the visit
23 has taken place.

24 MS. CURRANS: Okay. Thank you.

25 MR. CARLE: That's some pretty

1 good success.

2 DR. RUDD: Yes. I think a lot
3 of it is just giving the patient the resource to
4 better find avenues of care and giving them--you
5 know, essentially just empowering them to use the
6 more appropriate side of care.

7 CHAIR PARTIN: Did you look at
8 urban versus rural?

9 DR. RUDD: I don't have that
10 data. I don't know if they did look at it. Looking
11 at our top ER facilities, obviously the University of
12 Kentucky, St. Elizabeth's and St. Joe's were kind of
13 at the top of the list of where utilization was
14 occurring.

15 So, with that being said, I
16 think it's kind of concentrated to that particular
17 area of the state where our utilization is occurring.

18 CHAIR PARTIN: Okay. Thank
19 you.

20 DR. RUDD: If there aren't any
21 other questions, I'll move on to our second----

22 MR. CARLE: Before you start,
23 Veronica, I have a question, or Steve, because I just
24 don't know this. There isn't any copay associated
25 with visits to the emergency room in the MCOs,

1 correct, or is there?

2 MS. CECIL: There are copays
3 associated with the service, but MCOs right now under
4 the current contract can waive those copays if they
5 so desire; but in terms of what we do in fee-for-
6 service, there is a copay that is supposed to be
7 utilized.

8 MS. CURRANS: But they are
9 waived.

10 MR. CARLE: Correct. Thanks.

11 DR. RUDD: The second question
12 was around quality care from the eye exam measures,
13 I'm assuming around diabetic eye exams.

14 Essentially, Anthem provides
15 education to our membership with a diagnosis of
16 diabetes and that's handed out through individual
17 mailings, as well as newsletters that the membership
18 receives.

19 In April of this year, we
20 initiated an adult value-added benefit where we were
21 providing coverage for eyeglasses. So, members were
22 now able to get eyeglasses. So, they were actually
23 going to the eye doctor and being seen and being
24 treated. And as a result of that value-added
25 benefit, we have seen a significant increase in our

1 CDC retinal eye exam rate. So, the value-added
2 benefit is having additional benefit outside of just
3 providing eyeglasses for our membership.

4 MR. CARLE: Does that have to
5 be performed by an ophthalmologist or can it be done by
6 an optometrist?

7 DR. RUDD: I'm not 100% certain
8 of that. I think that if they are----

9 AUDIENCE: It is optometrists.

10 MR. CARLE: Okay. Good.

11 Thanks.

12 DR. RUDD: Any other questions?

13 MS. ROARK: I have a question.

14 I see on here that you are also adding contact
15 lenses.

16 DR. RUDD: Yes, ma'am.

17 MS. ROARK: That is a new one.

18 DR. RUDD: It's a choice
19 between either contact lenses or prescription
20 eyeglasses for members.

21 MS. ROARK: And how often are
22 you allowed to go back to get lenses because they
23 don't last as long as glasses, right?

24 DR. RUDD: Right. It is
25 yearly, if I recall correctly.

1 MS. ROARK: Thank you.

2 DR. GUPTA: I had a question

3 about the diabetic eye exam. Are you all offering

4 any kind of other reward system? I've had a couple

5 of patients I believe with Passport that if they have

6 their eye exam, they get a reward.

7 DR. RUDD: I'm not certain that

8 we have any other rewards.

9 DR. GUPTA: Like gift cards or

10 anything like that.

11 AUDIENCE: No, we don't.

12 DR. RUDD: We do not.

13 DR. GUPTA: So, it's just the

14 added benefit of the glasses which is great and

15 contacts. Okay.

16 CHAIR PARTIN: Anything else?

17 Thank you.

18 Next, Commissioner Miller.

19 COMMISSIONER MILLER: Good

20 morning. It's already been said a number of times.

21 It is a pleasure to look across and see your table to

22 be full this morning. We haven't seen that for the

23 past year. So, that's good for both sides of the

24 table as well.

25 An update on the 1115 Waiver.

1 Now, some four months ago, as I recall, Chris Carle
2 and I had the conversation as to did we expect it to
3 be approved this summer, and we had some discussion
4 at the time as to whether or not it would be approved
5 by the end of the second quarter. In fact, I think
6 we commented that at the end of the second quarter
7 but by the end of June and we expected approval by
8 that date.

9 Obviously, the calendar today
10 reads September 28th, well outside the second
11 quarter. So, no, we have not seen that approval yet.
12 I'm as confident today as I was then that we will see
13 approval in a very short time frame.

14 We have had CMS onsite this
15 past week doing some of their due diligence as well
16 looking over some of our systems, checking for
17 readiness as well and getting a better handle as to
18 how we will do what I call the back-room operations
19 of the 1115. That meeting, that process went very
20 well.

21 Clearly, what we are requesting
22 is distinctively different than what we have seen
23 across the country thus far in any of the 1115
24 Waivers. We have taken it somewhat to a little
25 different level. The community engagement is

1 different than what has been requested in other
2 states up to this time. CMS acknowledges that and is
3 being very diligent about the process of the approval
4 there, but, again, we expect that really at anytime.

5 In fact, I'm happy to entertain
6 any questions there as it relates to that process on
7 the 1115. I know you have some specific questions as
8 it relates to some of the components and I'll bring
9 what I call the experts on those areas to come up to
10 address that as well.

11 MR. MARSH: Commissioner, what
12 is the continuing impact on the state as it relates
13 to the current Kynect program that's in place? Is it
14 a significant impact in terms of financial costs
15 associated with it or is it that the feds are still
16 paying the bulk of the costs associated with it?

17 COMMISSIONER MILLER: No. My
18 Medicaid costs continue to run in the neighborhood of
19 \$11 billion a year on average with the mix of a
20 different population, be it traditional or expansion.
21 Weighted, about 20% of that is actually state money,
22 but the number of enrollees continue to go up. Today
23 - you've probably heard this number before - we're at
24 1.4 million Kentuckians. One out of three
25 effectively are now on Medicaid.

1 Back originally when the
2 Medicaid expansion was done by Executive Order, the
3 estimates or projections at that point in time was by
4 2020, that there would be approximately 188,000
5 people who would then be on Medicaid as a result of
6 expansion. Today, that number is 472,000.

7 When we started down the road
8 as far as looking at the 1115 Waiver, we were talking
9 about some 440,000 individuals that were on Medicaid
10 as a result of expansion. Again, today, that is 472.

11 So, to say what is the fiscal
12 impact, it continues to go up. The number of
13 enrollees continue to go up as well.

14 MR. MARSH: So, when does the
15 match from the feds change again on the state? Does
16 it drop back to the 70/30 at anytime or does it stay
17 80/20?

18 COMMISSIONER MILLER: On the
19 expansion population, it never goes back to the 70---
20 under current law, it does not go back to 70. Let me
21 rephrase that. Today, it's a 5% match the State puts
22 up. It goes to 6 and then will eventually get to a
23 90/10 split.

24 For the current budget that we
25 are in, the increase as far as us being the State

1 picking up the 5% was approximately \$250 million of
2 state money over an 18-month period and that number
3 just continues to go up as we phase in the higher
4 rates. And we're in the process right now of
5 budgeting that for the upcoming Session as well to
6 get a handle on what that impact will be.

7 Other questions before we get
8 into your list?

9 CHAIR PARTIN: Anything? I
10 don't think so.

11 COMMISSIONER MILLER: Medically
12 frail, Dr. Gil Liu will address that.

13 DR. LIU: Thank you. Just a
14 brief, kind of basic reminder about the 1115 Waiver.
15 So, that is a funding mechanism by the Centers for
16 Medicaid and Medicare Services for states to be
17 innovative. It's very broad-ranging. It's meant to
18 be a reform that is exploratory and experimental.

19 The really exciting components
20 of Kentucky Health, Kentucky's 1115 Waiver, is that
21 it ties more strongly than ever before economic
22 reforms, individual-level job preparedness and health
23 outcomes, and if you look at what's being
24 increasingly recognized is that a person's
25 socioeconomic status and their environment determines

1 more about their health than sometimes the quality of
2 their clinical care.

3 When you pursue any 1115
4 Waiver, so, there have been recent waivers about
5 substance use disorder. There are a number of states
6 that are in the group with Kentucky looking at
7 community engagement and cost-sharing.

8 Because of the experimental
9 nature, you are required by CMS to define those that
10 are medically frail and should be shielded from the
11 experiment. Their health needs are so complex and so
12 tenuous, if you will, that you can't experiment on
13 their health care access. You need to identify those
14 that need reliable, consistent, non-experimental
15 access to health care and carve them out from the
16 reform.

17 So, there have been a number of
18 states again that have gone forward with 1115 Waivers
19 of various types, and they have defined a body of
20 kind of standard or best practices around identifying
21 those that are medically frail.

22 One approach is that for those
23 beneficiaries that you've had in your program for a
24 period of time, you have information about their
25 health utilization, their health diagnoses, and you

1 can enlist companies that have medical underwriting
2 expertise to run an algorithm against your claims'
3 data set in an automated fashion to identify
4 probability of medically frail.

5 So, clearly we can do that. We
6 can look at the diagnoses on claims, the drugs that
7 have been dispensed, the number of times a person has
8 been hospitalized, and with a high degree of
9 confidence and using standard methods pull those
10 people out.

11 The more difficult situation is
12 when you have a new person enrolling in Medicaid,
13 somebody that hasn't given you a body of information.
14 Then, the standard best practice and something that I
15 feel very comfortable with is that you get those
16 people into a clinician's office and you rely on a
17 health care professional to attest that they have a
18 condition that would qualify them as medically frail.

19 Now, there are some set of
20 criteria that are challenging. For example, two of
21 those are a behavioral health concern or an
22 impairment in activities of daily living.

23 The nature of the challenge is
24 that it's hard to get in to a behavioral health
25 expert in a timely fashion because the infrastructure

1 is growing and we're kind of catching up on building
2 the health care system that we need to address an
3 increasing burden of behavioral health concerns.

4 The second thing is that when
5 you ask somebody about impaired activities of daily
6 living, often a physician's visit is very brief.
7 It's kind of hard to really have a clinician in a 15-
8 minute office visit determine do you need help with
9 hygiene, taking your medications, transportation, so
10 on and so forth.

11 So, I just wanted to offer that
12 we've done a lot of work looking at other states'
13 experience, and that includes going on site visits to
14 other states to look at exactly how they've worked
15 with their managed care organizations, how they've
16 worked with actuarial companies, the forms they use
17 to have clinicians attest to a medically frail
18 status.

19 Then we've worked with
20 consultants and in-house expertise to kind of
21 replicate the best of those practices here.

22 So, that's a quick overview.
23 I'll pause for a moment and entertain questions, see
24 what I need to clarify that I didn't communicate as
25 clearly as I should have.

1 MS. CURRANS: Will part of the
2 criteria be any absolute diagnoses, like let's say
3 it's a Type I diabetic. Will part of the criteria
4 just be specific disease states?

5 DR. LIU: So, there are some
6 that are very straightforward. For example, if you
7 are receiving Social Security Disability Insurance,
8 that automates.

9 MS. CURRANS: Yes, that's an
10 automatic.

11 DR. LIU: If you have severely
12 impaired vision or a neuromuscular condition that
13 clearly limits mobility, a complex genetic disorder,
14 severe forms of cancer under active treatment with
15 chemotherapy or radiation, those are examples of
16 things that are easy to detect and that are kind of,
17 I think, what fit into your example.

18 I would, though, take the
19 example that you gave, Type I diabetes. So, a person
20 with Type I diabetes can have relatively mild health
21 concerns, be fully capable of benefitting from
22 community engagement. I think many people with
23 diabetes would be glad to have more appropriate
24 employment and higher salaries.

25 So, the algorithm needs to be

1 sophisticated enough to look at their medical
2 management. Do you require dialysis is a great
3 example, a comorbidity of Type I diabetes, renal
4 failure as an appreciated but rare or late-stage
5 complication of diabetes that is readily addressed
6 through the medical underwriting expertise that we
7 have through our current actuarial contract.

8 MS. CURRANS: That's good.

9 MR. WRIGHT: Can I ask a
10 question? You bring up a concept. So, my intent is
11 to clarify the difference in compassionate allowances
12 by SSI under Social Security and medically fragile
13 because my concern is you bring up the concept of
14 those who have genetic disorders, but many of those
15 people do need services beyond an MCO offering and
16 they need support for activities for daily living but
17 there's extensive waiting lists for those services
18 because they do meet the criteria under compassionate
19 allowances of SSA but they don't have the access to
20 the programs that meet their full needs. Can you
21 speak to that?

22 DR. LIU: To a degree. I think
23 first, what you are inquiring about is outside of the
24 realm of defining people as medically frail for the
25 purposes of the 1115 Waiver.

1 And I think you're asking about
2 the more important issue. For those with really
3 significant health concerns, are we able to deliver
4 the services that they need through things like
5 public health insurance and all of the federal
6 funding and programming that is made available.

7 It's a recognized challenge
8 that, through things like our Waiver Programs,
9 there's a waiting list and that's problematic.

10 I would offer and this is kind
11 of not the best venue, I think, to go into the depth
12 of conversation that we need to have, but those also
13 are being scrutinized actively by Medicaid and its
14 managed care partners.

15 So, I'm very empathetic to your
16 concern and the critiques of the degree to which we
17 can meet the need. And I think, to echo something
18 that Dr. Heistand said, you want to go the furthest
19 you can with often resources that are quite
20 constrained.

21 MR. SCHULT: Excuse me. I have
22 a question. Of the population that would be eligible
23 for these more experimental types of care under the
24 1115 Waiver, what percentage roughly are excluded
25 because they are medically frail? Is it a sizeable

1 percentage that wouldn't be applicable or a smaller
2 percentage?

3 DR. LIU: So, two things.

4 First, the Kentucky Health Program is focused on
5 able-bodied adults, and another way that's often said
6 is the expansion population.

7 So, Commissioner Miller offered
8 that number is approaching 500,000 right now. There
9 are people who have been identified to have varying
10 degrees of requirements under that. Women who are
11 pregnant is one. Children is another. So, that's
12 the first part of the answer.

13 The second is looking at other
14 states' experience, and I think Indiana is
15 instructive in that regard. We have similar
16 topography. We're located in the same part of the
17 U.S. The demographics of our Medicaid population are
18 fairly comparable. And their medically frail
19 population is about 10% of who is exposed to their
20 HIP Program, the Healthy Indiana Program.

21 We have clearly designed in a
22 period where we're going to be iteratively refining
23 the approach to medically frail because we'll see who
24 comes in under the first pass and then we'll need to
25 look really carefully at kind of how we're doing by

1 getting input.

2 So, I think 10% is a good rule
3 of thumb for us. We are at the epicenter of many new
4 health concerns - opioid epidemic, Hepatitis C by
5 virtue of abuse of illicit drugs, things like a risk
6 of expanding HIV prevalence.

7 So, I think it's a moving
8 target, but right now we're kind of for planning
9 purposes and strategy looking at about a tenth.

10 MR. MARSH: You brought up
11 Kentucky Health, and many of us, I'm sure, were in
12 attendance at the hearing where former Congressman
13 Ben Chandler did a presentation on Kentucky Health.

14 And obviously we as Kentuckians
15 are a little disappointed that our health care in
16 Kentucky ranks at the bottom of the barrel and
17 continues to be that way.

18 Is there anything that is
19 actually going on at the state level which is
20 addressing the ways to overcome being the laughing
21 stock of health care in this country?

22 DR. LIU: Well, the answer is
23 of course.

24 So, I don't mean to be flippant
25 in that regard. You're entirely correct. We've

1 watched the United Health state rankings that have
2 been available now for well over twenty-five years
3 and Kentucky has ranked on average 45th. I'm happy
4 to say that the 2016 rankings, we ranked 39th.

5 And if you look at the domains
6 of factors where health is kind of gauged - access to
7 care, quality of services, environmental supports,
8 health behavior - who knew health could be so
9 complicated.

10 I think there's many things
11 that make it challenging. Kentucky as a state with a
12 population that has very poor health behavior is one
13 example of that, among the highest rates of smoking
14 in the country, among the lowest adoption of
15 preventive services.

16 We have health services and
17 delivery systems that compare unfavorably to their
18 peer networks, among the highest rates of preventable
19 hospitalizations, among the highest rates of ER
20 visits for ambulatory care sensitive conditions that
21 would much more appropriately and much more cost
22 effectively be addressed in other settings.

23 If you look at the HEDIS
24 measures which are a nationally endorsed set of
25 health care quality metrics that we use to gauge the

1 performance of our managed care organizations, again,
2 it's really concerning how little progress the
3 delivery systems have made in partnership with
4 managed care to do better compared to other similar
5 health care systems in other states.

6 So, the 1115 Waiver is really
7 promising again because it's well-recognized that
8 socioeconomic status and employment have a huge
9 impact on health. And those programs, economic
10 stimulus, job training, health care services have
11 often been solid. So, we're bringing those together
12 much more tightly than ever before.

13 There's a long list of things
14 that we're looking at - quality of care of the
15 children under the CHIP Program, quality program
16 through our Waiver Programs. So, it's hard for me to
17 cover the landscape of that.

18 I appreciate your concern and
19 I, too, when I look at the longstanding low ranking
20 of our state, I think we need to really stop the
21 status quo. And I feel comfortable saying we're
22 making major reforms that have a lot of promise.

23 MR. CARLE: So, Dr. Liu, let me
24 be more specific for Gary's question.

25 Let's just look at PCP visits.

1 So, as Commissioner Miller described, we had an
2 overwhelming influx into the system with the
3 expansion. How many of those 472,000 patients have
4 actually had a PCP visit to establish that HCC rate
5 so that you can put them into the frail or not frail
6 category? Can you give us a sense for that because
7 that's the beginning of the relationship for
8 prevention and wellness?

9 DR. LIU: So, when we've looked
10 at any evidence of primary care involvement, the
11 number is about a third of that population.

12 I do want to temper that
13 number. You know, what you see is when you have an
14 expansion of Medicaid eligibility, it takes time to
15 get to know who those new beneficiaries are.

16 So, what we've seen in multiple
17 other states that expanded is in the first year, it's
18 a wreck. The people that come in under expansion
19 have very non-optimal health services' utilization.
20 And I'd offer that you should extend some grace to
21 the people that manage those beneficiaries to get
22 them into care, to get to know what they need and
23 then build that system.

24 MR. CARLE: And the managed
25 care companies are doing that on the commercial side

1 and on the Medicare Advantage side because they are
2 giving incentives to get these patients in for their
3 annual wellness visit at the beginning of the year so
4 they can ascertain where they are in their health
5 cycle and then take care of it because their
6 actuaries are telling them, and we all know this, the
7 sooner you find it, the less it's going to cost to
8 treat. So, to your point.

9 DR. LIU: The other thing I
10 will just briefly add is then we went on to look at
11 when they had a primary care visit, did they get the
12 preventive services that would be recommended. And,
13 again, the uptick is really, really low.

14 And the question then becomes,
15 well, where do you pin the blame and I think it is,
16 in part, it's a population that has a lot of
17 challenges in adhering to medical recommendations,
18 following through on the referral to get a
19 colonoscopy, for example.

20 The second is that I think the
21 health care delivery systems need to be much more
22 proactive about coordinating care, managing cases,
23 engaging their patients. And, then, clearly we're
24 trying to do a very good job of partnering with our
25 managed care organizations, are we collaborative to

1 be creative and to commit to moving a hard number.
2 We have metrics on this now.

3 MR. CARLE: And, so, to that
4 end, then, what is in the agreement with the MCOs and
5 the Waiver moving forward - and, Commissioner
6 Miller, Veronica, maybe this is something for you to
7 address - that incentivizes those patients to
8 actually get in and see a primary care physician?

9 I know we've got the credit
10 system, if you will, or I forget what the actual term
11 is for it, but what incentivizes the patient to
12 actually do that?

13 COMMISSIONER MILLER: I would
14 say at this point it's a number of different things;
15 but before we go there, Gil, I just want to back up.

16 You've pointed out from the
17 standpoint of what we have achieved or not achieved
18 in years gone by and what the overall health status
19 is of Kentuckians today, and I would say it cries out
20 that we need to try something different, and that's
21 what we're trying to do and intend to do with the
22 1115.

23 Whether or not it will be
24 successful, time will only tell, but what we do know,
25 how we have delivered in the past has not gotten us

1 to the results where we need to be. I've said at
2 many, many different meetings, thank God for Alabama
3 and Mississippi, and I don't like making that
4 comment, but we've got to be able to move the needle
5 and do things better.

6 Back to your question, Chris.
7 From the standpoint as it relates to the MCOs, we're
8 trying to hold their feet to the fire, for lack of a
9 better term, for better outcomes and we've now been
10 able to set up internally. We've not had the ability
11 before to run those metrics that we need to do to be
12 able to do that.

13 One of the items that we have
14 done is that besides having our quality incentives,
15 the HEDIS incentives that we've had in the past, and
16 we're ready to move that needle to some other program
17 as well, but through the 1115 and the new contract
18 that will be in place as a result of that going
19 forward because we're still working under the current
20 old RFP, the old contracts. So, we haven't been able
21 to dovetail all of that in yet.

22 We plan on and will do that for
23 contracts effective 1/1 of '19. It sounds like a
24 long way away but just from the standpoint of the
25 timing to be able to get things done.

1 One of the other successes that
2 I believe that we have been able to do and that is
3 within the state as it relates to the profitability,
4 some of the dollars that have been spent are not
5 spent sometimes related to the delivery of medical
6 care.

7 We have implemented that 90%
8 MLR which is one of the more stringent in the
9 country, that we are requiring those dollars be spent
10 on medical care. If they're not, we will claw that
11 back in the future.

12 MR. CARLE: But can you address
13 the specific incentives related to incentivizing a
14 Medicaid patient to get in and see the physician?
15 Obviously there's a payment component that they
16 didn't have before because now they have coverage,
17 but what incentivizes the patient to actually go to
18 the doctor and start that relationship? Anybody?

19 COMMISSIONER MILLER: Today we
20 haven't been able to do that as it relates to the
21 traditional Medicaid Program. Through our Rewards'
22 system, we will be doing that, but today it is
23 lacking.

24 MS. CURRANS: But very much
25 needed.

1 COMMISSIONER MILLER: Very much
2 needed.

3 One other item that I would
4 like to add as we move on before Kristi comes up and
5 talks about the Rewards, I said earlier about one of
6 the successes.

7 Another success, at least from
8 my view, was not quite a year ago, the gentleman
9 sitting to my left agreed to serve as Medical
10 Director for Medicaid. I think you can see why I
11 asked him to do that and why I'm pleased that he said
12 yes.

13 MR. CARLE: I would agree.

14 DR. LIU: I couldn't have a
15 better boss to work for.

16 I just wanted to make a shout-
17 out to the managed care organizations. They are
18 offering incentives for uptick of preventive
19 services. Gift cards are going out and other things.
20 And you can see, again, it just points to what does
21 it take to get this done, but I didn't want to
22 diminish that they have taken that approach.

23 I'm going to yield the floor
24 because we have the expert on the My Rewards Program.

25 CHAIR PARTIN: I have a

1 question first before you leave on the medically
2 frail just to kind of sum it up so that I understand.
3 There isn't a set definition. Is that correct? The
4 definition is based on different diagnoses that the
5 patient has except if they have Social Security
6 Disability, cancer or chemo or they have a physical
7 disability.

8 DR. LIU: Yes. Thank you for
9 that clarification. So, the approach will be
10 tailored to the Kentucky Medicaid population. Our
11 actuarial service will look at all current enrollees
12 and their utilization and define those that fit kind
13 of well-recognized criteria.

14 So, the presence of diagnoses
15 for different categories of severe disease has been
16 done a number of times for other states.

17 There are new instances, and,
18 again, those are behavioral health and impaired
19 activities of daily living that are a little more
20 challenging.

21 So, if you look at how we've
22 had claims come in for behavioral health services,
23 it's relatively under-developed because only recently
24 was a decision made to transfer those as Medicaid
25 benefits instead of State-supported mental health

1 safety net systems. So, our administrative data is
2 relatively small.

3 So, in that regard, it's a
4 little bit of a moving target.

5 CHAIR PARTIN: So, we don't
6 have a set definition at this point.

7 DR. LIU: We have best
8 practices from other states that define well-endorsed
9 criteria in every aspect - physical health,
10 behavioral health, activities of daily living,
11 homelessness.

12 So, I do just want to make sure
13 I'm communicating that the conceptual model, if you
14 will, and the list of diagnoses is fairly well-
15 formed, but what we need to do is really look at how
16 that hits against the Kentucky beneficiaries and what
17 we have in hand and that will also inform kind of
18 what we ultimately decide on as criteria to include
19 people as medically frail.

20 CHAIR PARTIN: Okay. So, we
21 don't have a set definition yet but we're working on
22 it except for these other criteria from other states.

23 DR. LIU: The prior experience
24 of other states and existing medical underwriting
25 guidelines gets us 98% there, and 2% of that work

1 should always be tailored to the state and its
2 existing beneficiaries.

3 CHAIR PARTIN: So, that's the
4 part we're still working on.

5 DR. LIU: Yes.

6 MR. WRIGHT: I might clarify
7 the statement, too, because the Social Security
8 Administration has the compassionate allowance
9 criteria that's been vetted and documented and it has
10 a list of disabilities that fall into that
11 compassionate allowance criteria.

12 Have you looked at that because
13 you can submit--you know, as practitioners, the
14 states can submit for compassionate allowance in
15 certain areas. I just was curious. My intent is
16 just to make sure we're using a metric that has been
17 already established, well-established and well-
18 documented.

19 DR. LIU: I will be candid. I
20 haven't scrutinized that list personally; but what I
21 will say is that we have paid an actuarial consulting
22 firm with the requisite medical underwriting
23 expertise, and I am highly confident that they have
24 looked and also have contributed to the development
25 of those type of criteria.

1 COMMISSIONER MILLER: But I
2 might add, that will be a question that will be asked
3 on our next phone call.

4 MR. WRIGHT: Okay.

5 MS. CURRANS: Commissioner
6 Miller, could I just ask kind of a global? If you
7 found out tomorrow that the Waiver is approved, how
8 long before you think it will be operational?

9 COMMISSIONER MILLER: Our time
10 frame is to start phasing things in, start earning
11 some right after the first of the year and will be
12 implemented 7/1 of '18.

13 MS. CURRANS: So, 7/1/18.

14 COMMISSIONER MILLER: Yes.

15 DR. LIU: Than you all.

16 MS. PUTNAM: Good morning. I'm
17 Kristi Putnam. I had the pleasure of speaking to
18 this group the last time you met. I'm the Program
19 Manager for the 1115 Medicaid Waiver Kentucky Health
20 Project and I'm glad to provide some additional
21 information on My Rewards specifically related to
22 preventive services but I'm also happy to answer any
23 questions before we get started with that.

24 MR. CARLE: I was particularly
25 interested in what is the incentive for a new

1 enrollee to go and establish that relationship with a
2 primary care physician that they might not have
3 already had because they're over-utilizing the
4 emergency room as their primary care physician, just
5 to give you a little context.

6 MS. PUTNAM: Yes. And I did
7 bring some draft information with me today. It's
8 something that I will leave for you to take with you.
9 I think at the last meeting, we went over some of the
10 qualifying activities for the My Rewards Program but
11 we didn't talk about any associated dollars or give
12 you any idea of what we were talking about as far as
13 incentives to be paid into that My Rewards' account.

14 As far as the incentives for
15 establishing primary care, we do have several
16 activities and several incentives to be paid into the
17 My Rewards' account that relate to going to get that
18 physical, establishing primary care, seeking a
19 primary care visit after an emergency room visit so
20 that they can continue the care and follow the
21 recommended medical guidelines.

22 We also have a number of
23 different My Rewards' incentives that are around
24 preventive screenings, as well as child well care,
25 so, taking your child for their immunizations for

1 their annual physical.

2 So, we are really trying to
3 focus the My Rewards around preventive services.
4 We've heard loud and clear from not just this group
5 but also from dentists, optometrists, everyone who is
6 concerned about that preventive care preempting the
7 later, more expensive visits and the more serious
8 health conditions.

9 Just to give you an example,
10 for someone to go get their annual physical including
11 a biometric screening, we have suggested, our My
12 Rewards Subcommittee has suggested a My Rewards'
13 payment into that virtual account of \$100. So, we
14 really are trying to incentivize the preventive
15 services with a higher dollar amount.

16 Just to contrast that, going to
17 complete some of the online courses, some of the
18 health and financial literacy courses that we're
19 including as part of Kentucky Health, they would
20 still receive an incentive payment for that, but that
21 would be at a \$10 or \$20 and some of them at a \$50
22 level. So, the preventive services really have been
23 recommended to be at a higher dollar amount.

24 Now, that being said, I would
25 like to just update this group that part of the, I

1 think, thoughtful consideration that is happening at
2 the CMS level is the fact that they are giving us
3 expenditure authority for things that are new and
4 different under the My Rewards Program.

5 We also have a question of
6 budget neutrality that is being looked at with the
7 dollar amounts that are being assigned to these
8 incentive activities. So, we have to balance out the
9 number of incentive dollars that are attributed to
10 each of these activities with the actual cost.

11 When those dollars go into the
12 My Rewards' account, they become expendable. The
13 member can go ahead and use that My Rewards' account
14 for dental and vision services, and we're still
15 working on the fitness piece, too.

16 So, that is where we are. So,
17 that is why I say when I leave this information with
18 you, it is draft. We are working with our actuary
19 for some recommendations on what these numbers should
20 look like to make sure that we are not breaking the
21 bank, so to speak.

22 MS. STAFFORD: Pardon me. Do
23 you think the people that are receiving these rewards
24 are aware that they are there and are they using
25 them?

1 MS. PUTNAM: They're not aware
2 yet. The actual spending wouldn't happen until July
3 1st of 2018. They will be able to start accruing
4 rewards beginning in January. That's the first part
5 of our implementation. Our roll-out starts January
6 1st. With payment first for My Rewards, they will
7 get credit for those preventive services.

8 But to answer your question,
9 part of our outreach is with not just our
10 beneficiaries but it's also with providers. It's
11 with other stakeholder groups. It's certainly with
12 our front-line staff, our DCBS and Medicaid staff who
13 are manning the phone lines so that everyone has the
14 same information.

15 We're also working with our
16 application assisters to make sure that they have the
17 information that these My Rewards are going to be
18 available.

19 And we're working with a number
20 of different groups, and I think I spoke to that last
21 time, to get additional suggestions for what kinds of
22 activities and what kinds of preventive services
23 should be added to this list of activities, of
24 qualifying activities.

25 DR. RILEY: At present, do you

1 have a reward for the preventive dental visit or is
2 there only a charge for it?

3 MS. PUTNAM: We have included a
4 recommendation that the preventive dental visit and
5 the preventive vision exam both are qualifying My
6 Rewards' activities.

7 CHAIR PARTIN: I have a couple
8 of questions related to this.

9 First of all, it seems like the
10 participants are going to have to do like the
11 preventive exam or some other things before they can
12 get any reward dollars in their account to pay for an
13 eye exam or a dental exam.

14 What happens if somebody has
15 something urgent that they have to have taken care
16 of, they have an abscessed tooth or something like
17 that and they haven't had their preventive visit yet?
18 And, actually, one preventive visit probably isn't
19 going to be enough to take care of the dentist.

20 MS. PUTNAM: Right. Again,
21 that will always come down to a provider will have to
22 make the determination whether they're going to go
23 ahead and treat and have a situation where there
24 aren't enough dollars for the M Rewards.

25 We're still having those

1 discussions about whether the account could
2 potentially go negative on a one-time basis for a
3 situation like that. So, we are having those kinds
4 of conversations.

5 It's our goal that by starting
6 the incentives in January and by frequent and
7 extensive outreach with all of our Medicaid
8 recipients, that they will have enough dollars in
9 their account starting July of 2018 and, then, it
10 will be an ongoing outreach effort.

11 Our MCOs are very engaged in
12 how they can help incentivize also and how they can
13 help with the information outreach to members about
14 qualifying activities and making sure that they are
15 continuing to replenish those dollars as they use
16 them.

17 CHAIR PARTIN: Okay. And,
18 then, what about the retroactive recoupment of funds
19 for providers? When a patient signs in and you
20 validate that they have coverage and then all of a
21 sudden, they don't have coverage and the provider is
22 told that they have to pay back money, how does that
23 affect with the rewards?

24 MS. PUTNAM: So, with the
25 rewards and with some of the technology redesign

1 that's going into this, right now there is a screen
2 that the providers go to to check the eligibility,
3 and the My Rewards' information will also be
4 available. They won't see the amount a person has.
5 They won't see the balance, but there's going to be a
6 prior authorization process for them to go ahead and
7 prior authorize the My Rewards' account so that
8 there's a 30-day period. They have the service.
9 They've already checked eligibility and secured the
10 funds through the My Rewards' account and they then
11 have 30 days to submit that claim.

12 There's also going to be a
13 feature in the new technology where, during that same
14 visit, if a provider, for example - and I know this
15 happens a lot - gets into let's say a dental
16 preventive exam and discovers the need for a filling
17 or something else, there's also the ability to change
18 that preauthorization and increase the amount so that
19 they can complete the additional services needed and
20 they don't have to send the person away and have them
21 come back. They can increase the amount of that
22 claim.

23 They can also, if somebody
24 cancels an appointment and they put a hold on the
25 account, they can also cancel that amount so that the

1 individual doesn't have funds being held out that
2 they could use otherwise.

3 CHAIR PARTIN: Right now what
4 happens is that the providers validate the current
5 coverage and it shows up online that they've got
6 coverage, but, then, later on, the provider is told,
7 oh, no, they didn't after all and you've got to pay
8 us back. So, what happens there with the rewards?

9 MS. CECIL: She's talking about
10 retro termination of eligibility, not just
11 necessarily the utilization of the Rewards' funds.

12 MS. PUTNAM: Right, right, and
13 that's something specific to Kentucky Health. And,
14 again, that isn't something specific to Kentucky
15 Health. With Kentucky Health, though - and correct
16 me if I'm wrong, Veronica - but the retroactive piece
17 goes away, or is that just for the coverage piece?

18 MS. CECIL: It's important to
19 note that eligibility and CMS' requirements that we
20 don't expend funds on people ineligible still apply.

21 I think from what Kristi is
22 saying is what you need to probably understand is
23 that if somebody comes into Medicaid new and they are
24 under the Kentucky Health Program, there's no retro
25 eligibility determination.

1 So, it's always going forward,
2 but there is, unfortunately, always that risk that
3 something happened. There's information we didn't
4 get or it was wrong. You're going to always have
5 those outliers with that kind of a system, that there
6 are going to be people that may or may not end up
7 being eligible.

8 CMS requires us to pull back
9 those funds. We just can't expend funds on somebody
10 who is not eligible. So, it will still happen. We
11 continue to make improvements in our system and in
12 our verifications of eligibility to prevent that kind
13 of retro termination. So, we're hoping that we keep
14 making that group smaller and smaller, but it will
15 always be out there.

16 MS. CURRANS: Can I ask a
17 question about rewards? Is part of the rewards a
18 non-smoking environment for children? Will there be
19 rewards for children?

20 MS. PUTNAM: Part of the
21 rewards include smoking cessation activities. We
22 don't have anything specific included in the non-
23 smoking environment for children, although that's
24 something we hadn't talked about before.

25 MS. CURRANS: Well, that

1 creates subsequent ED visits often for young children
2 with reactive airway. I mean, it's just fairly
3 consistent.

4 MS. PUTNAM: It does and it is
5 something that we can add to the list of things to
6 consider.

7 One thing I would like this
8 group to know is that we've asked for a lot of things
9 from CMS, but one of the big things we've asked for
10 is flexibility around the My Rewards Program so that
11 we have the ability to make adjustments and add and
12 take away activities as we find they are effective or
13 not effective so that we are not locked into one set.

14 And that's why when I say this
15 is draft information, again, this is draft
16 information and it's not the latest. We have an
17 updated draft that I can share with this group later,
18 but this is something that I wanted to have to all of
19 you from last visit.

20 MR. CARLE: So, Commissioner
21 Miller, could we ask that Kristi be in attendance at
22 the next meeting so that we have the ability to
23 review that and then can ask you some followup
24 questions?

25 COMMISSIONER MILLER: I think

1 you just did.

2 MR. CARLE: Okay. Thank you.

3 MS. CURRANS: I'm still
4 confused about the dental. With the current program,
5 current expanded program, do they have dental
6 coverage?

7 MS. PUTNAM: They do. They
8 have dental and vision through their managed care
9 organization.

10 MS. CURRANS: That's what I
11 thought. Okay. So, then, with the Waiver Program,
12 what changes for the able-bodied?

13 MS. PUTNAM: So, what changes
14 for those who are in Kentucky Health for the
15 primarily expansion is their dental and vision,
16 similar to what state employees have - we have our
17 health insurance and then we have a health spending
18 account that we can contribute to for our dental and
19 vision and other expenses - we're setting up a
20 similar structure for Kentucky Health. And, so,
21 their dental and vision will be part of that My
22 Rewards' account.

23 The difference is they are not
24 contributing monetary value to it. They are
25 contributing through activities and qualifying

1 preventive services.

2 MS. CURRANS: But on day one,
3 they won't have anything in a dental account.

4 MS. PUTNAM: Our goal is,
5 because we're starting the accrual January 1 of 2018,
6 our goal is that they will.

7 Now, that will be true of newly
8 eligible members. When they sign up for Kentucky
9 Health and they're new, they would not have an
10 account or they would not have a balance in that
11 account; but, again, that goes to the outreach and
12 education and really to the incentivizing of the
13 preventive services that this group is so supportive
14 of.

15 DR. GUPTA: In regards to the
16 vision, does that include the medical eye exam or is
17 that just for a refractive diagnosis for glasses or
18 contact lenses?

19 MS. PUTNAM: I'll have to check
20 on that.

21 DR. GUPTA: Because typically
22 the medical eye diagnoses we bill through the
23 medical.

24 MS. PUTNAM: I'll check on
25 that. I think that's right. I think it's the

1 refractory exam but I will check on that and have
2 that ready for you at the next meeting.

3 DR. GUPTA: Okay. Thank you.

4 COMMISSIONER MILLER: Just to
5 follow up on one comment that was made as it related
6 to budget neutrality.

7 Through the 1115, honestly, our
8 goal is to enhance the overall health and outcomes of
9 Kentuckians. Through the innovative program and what
10 we are attempting to do, one of the balances, one of
11 the things that we need to be able to show to CMS and
12 through this demonstration, we're not spending more
13 money than we would have spent had we kept it the
14 same way.

15 So, we're trying to come up
16 with an innovative approach that will bring about
17 better outcomes, better health status and not spend
18 more dollars than what we're spending today. That's
19 the budget neutrality factor that we have to live
20 within.

21 MS. STAFFORD: What about the
22 mechanism to use those funds that will be created or
23 the incentives? What about the mechanism to get
24 those in use?

25 MS. PUTNAM: So, there will be

1 an actual account associated with each individual,
2 and this is not on a family basis. It's on an
3 individual basis. There's no talk at this point of
4 them having an actual card but they will have an
5 account and that's where it shows up in the same
6 place the eligibility shows up when the provider
7 looks up that person's eligibility that they have an
8 active My Rewards' account.

9 And that person's balance also
10 will be available to them through the Call Services'
11 line. They can call and check their balances or they
12 can also go onto the self-service portal and they can
13 log in and they will see what they have earned credit
14 for, what they have been debited for and what their
15 balance is, and that's through our MMIS system, our
16 claims system.

17 DR. ROBERTS: Forgive me. I am
18 new to this program, but as far as what you can spend
19 the My Rewards' dollars on, is it exclusively at
20 providers' offices or does it extend to DME, medical
21 device companies or what are the limitations of
22 spending that money?

23 MS. PUTNAM: Right now it's
24 limited to the fee-for-service schedule. So, it's
25 what is provided at the provider office or anything

1 else that's included on that fee-for-service
2 schedule, the Medicaid fee-for-service, with the
3 exception of the fitness activities and we're still
4 working on being able to include fitness activities
5 as part of the expenditures. We're working hard to
6 convince CMS that fitness activities contribute to
7 overall health and well being.

8 MR. CARLE: Commissioner
9 Miller, this is kind of off the subject but germane.
10 You kind of brought this up.

11 With regards to the RFP that
12 you are still developing, are there any efficiency
13 standards for the MCOs to meet?

14 The gentleman that was
15 representing Anthem gave some really nice statistics
16 related to what I call efficiency standards, how many
17 ED visits per 1,000. There are national and regional
18 benchmarks related to that.

19 Is there a component regarding
20 that because I know with the contracts that we have,
21 we being the hospital system, with our managed care
22 organizations, we are incented to bring those numbers
23 down and to be more efficient.

24 So, it's regarding ER visits,
25 specialist encounters, readmissions to the hospital

1 and overall admissions to the hospital and overall
2 admissions to our skilled nursing facilities. So,
3 we're looking at those national benchmarks and trying
4 to bring them down.

5 So, the long-winded question
6 is, are we incorporating those types of incentives
7 related to efficiencies onto the MCOs in the RFP so
8 that they can work with their providers again to
9 bring them down but they should live up to those same
10 standards that the providers are living up to?

11 COMMISSIONER MILLER: I am
12 comfortable in saying we will have additional metrics
13 that will be part of that RFP, part of those
14 contracts.

15 You used the term efficiencies.
16 I would say outcomes, you know, somewhat the same in
17 that we want to see the results to make sure we're
18 all heading in the same direction. There will be
19 metrics and expectations there.

20 MR. CARLE: Okay, because it
21 was impressive again from Anthem to go from 472 ED
22 visits per 1,000 to 413 in one year. Those are the
23 kinds of statistics and metrics and outcomes that you
24 would like to see as it relates to that.

25 So, if we could incorporate

1 something like that, that would be beneficial.

2 COMMISSIONER MILLER: We intend
3 to have basically some quality incentives maybe a
4 little different than the HEDIS Program as we know it
5 today but have some sort of quality incentive in
6 there.

7 MR. CARLE: Okay. And, so,
8 we'll talk about that a little later because one
9 thing that Beth and I have looked at that we'd like
10 to maybe hand out to all of the committee is the
11 Kentucky Medicaid Crosswalk for Quality Measures.

12 COMMISSIONER MILLER: Yes.

13 MR. CARLE: And, so, we'll talk
14 about that under New Business but this was great to
15 see.

16 COMMISSIONER MILLER: And we
17 plan on making that as a presentation possibly at the
18 next meeting.

19 MR. CARLE: Okay.

20 CHAIR PARTIN: Okay. Thank
21 you. Anybody have any other questions for the
22 Commissioner?

23 COMMISSIONER MILLER: We have
24 one other topic, I believe, on your list to talk
25 about, the mobile and remote technology. Veronica

1 Cecil will talk about that.

2 MS. CECIL: I think we have
3 mentioned previously that the Department is
4 undergoing a major deep dive into the current
5 telehealth services benefit. Our regulation is
6 ancient. It has not kept up with the times. We
7 recognize that.

8 We have been working with the
9 Telehealth Board, with other stakeholders in trying
10 to and probably, as we generally do, look at other
11 states and best practices and CMS and what is going
12 on in this area and what can we do to revise the
13 benefit related to telehealth services.

14 That is ongoing. And I know
15 you all kind of get tired of hearing that, but the
16 reality is, it is ongoing. I know the Governor just
17 recently appointed some new members to the Telehealth
18 Board and we're excited about that.

19 It is a Cabinet-wide effort
20 that is being undertaken because it's not just
21 Medicaid. I think there's an effort to move
22 telehealth services in Kentucky not just related to
23 the Medicaid plan but as a whole for insurance in
24 Kentucky. So, we continue to work on that. We don't
25 have anything specific to add.

1 Mobile is currently not
2 covered. A mobile phone, I know, is sort of the up
3 and coming, but we have talked to some experts about
4 that type of service. It certainly is something that
5 we're looking into to see how Medicaid could cover
6 something like that.

7 Medicaid has a lot of
8 requirements on it that other insurers don't have.
9 So, we just have to make sure that it's in line with
10 what CMS would approve.

11 So, we're making tiny, tiny
12 steps towards proposing something. We will
13 absolutely, when we get to a place where we've got a
14 really good proposal because you've got to start
15 somewhere, we get a proposal, we will definitely
16 share that with the MAC. We'd love to get the
17 feedback from the MAC on where we're going so that we
18 can work together on the ultimate product.

19 MR. CARLE: Can we request,
20 though, a presentation from the Telehealth Committee
21 as to what the baseline is, what is offering now and
22 what they are looking into?

23 MS. CECIL: Sure.

24 MR. CARLE: And, Commissioner
25 Miller, you mentioned it before. Thank God for

1 Mississippi and Alabama.

2 Mississippi is making great
3 strides related to their remote capabilities, as well
4 as their telehealth specifically related to the
5 treatment of diabetes and monitoring people's A1c's
6 that are in rural areas that otherwise couldn't do
7 it.

8 I know a lot of that has to do
9 with the connectivity of the state, but that state
10 has really put a premium on their connectivity
11 throughout the state and how it applies to bringing
12 down their overall health care spend.

13 I can give you a contact down
14 there. It's a gentleman that used to work up at the
15 Mercy System in Cincinnati that's now the president
16 of the University of Mississippi Medical Center and
17 they are reaching out throughout the entire state to
18 accomplish this.

19 And you're right, Veronica.
20 You've got to take baby steps, but that's what this
21 state is going to have to do if they want to leverage
22 technology to their advantage which we can.

23 MS. CECIL: And from what I can
24 tell, and that's not just a Medicaid-focused
25 initiative, right? It's something they're doing as a

1 statewide effort.

2 MR. CARLE: Exactly.

3 MS. CECIL: If you could share
4 that contact with us, we absolutely will reach out.

5 CHAIR PARTIN: Can we put that
6 on the agenda for next time?

7 MS. CECIL: Yes, absolutely.
8 Just a couple of other things while the Commissioner
9 has the table.

10 Open enrollment is beginning
11 October 16th through December 15th. The materials
12 are going out. It's on our website. I wanted to
13 just continue to put that on your all's radar.

14 That open enrollment, for those
15 of you who are not very familiar with it, is really
16 only for being able to change your Medicaid managed
17 care organization. So, it's an open enrollment to be
18 able to move among the five MCOs that are contracted
19 with the State.

20 Somebody does not have to wait
21 for open enrollment to get into Medicaid. Medicaid
22 is a rolling, always open when you're eligible, but
23 open enrollment for Medicaid is just to be able to
24 change your MCO.

25 CHAIR PARTIN: What's the date

1 again?

2 MS. CECIL: October 16th
3 through December 15th.

4 COMMISSIONER MILLER: Just a
5 side note, I don't like the term open enrollment. I
6 don't think it describes what really takes place.
7 We're trying to come up with a better term than that.

8 MS. CECIL: We also, I believe,
9 passed out already and wanted to just bring to your
10 attention, currently we have stakeholder meetings
11 going on for our 1915(c) redesign. That's the Home-
12 and Community-Based Waivers. Kentucky has six.

13 We're stepping back and looking
14 at them all. Navigant is helping us with that
15 initiative. Those are going on right now.

16 The point of it is for people
17 to come and hear your story, what can we do better,
18 where are the barriers, and everything is on the
19 table for this redesign and we really want to be
20 thoughtful in how we move forward with that.

21 And, then, the other list that
22 you have that I think is stapled to that is the
23 provider forums that we're going to be starting.
24 These are our managed care provider forums that we
25 normally had on an annual basis. We did not have one

1 last year but they're starting back up in October.
2 So, there's the list of those dates and locations and
3 the agenda, I believe, on the very back of that page.

4 MS. HUGHES: This is not in
5 your binder. This is a separate, two-page document
6 that was handed out right before the meeting started.

7 MS. CECIL: Thank you, Sharley.

8 MR. WRIGHT: In regard to the
9 handout, thank you all. I respect that we had that
10 and I know that was a topic we discussed at the last
11 meeting.

12 One just quick suggestion. As
13 I look through the list, the first thing I noticed is
14 I didn't find the time. And, of course, I got to the
15 back and I found it. A suggestion may be moving that
16 time of the morning session and the afternoon
17 sessions onto the front of the page.

18 MS. CECIL: Is that on the
19 1915?

20 MR. WRIGHT: On the 1915. It's
21 listed as the very first thing on the back page, but
22 just as I was thinking, where are the times, to just
23 put it on the front.

24 MS. CECIL: What we did, that's
25 not an actual handout. We just put that information

1 together for you all. On the website, it's all
2 together, but I'll take that back in case we have it
3 printed somewhere. Thank you. That's all we have.

4 CHAIR PARTIN: Thank you. So,
5 we have an hour and five minutes left and we've got
6 all the TAC reports plus the reports on substance use
7 and Casey's Law and from two of the MCOs.

8 So, I'm going to ask as we go
9 through these TAC reports, we have the reports. So,
10 if you all would just quickly go through your
11 recommendations so that we can get through everything
12 in the meeting in the next hour.

13 Behavioral Health.

14 DR. SCHUSTER: It's bad that I
15 get to go first again.

16 Good morning. I'm Dr. Sheila
17 Schuster. I'm Acting Chair of the Behavioral Health
18 TAC, and I will just tell you since there's so many
19 new members that the Behavioral Health TAC is one of
20 the newer TACs established in 2012.

21 We have representatives from
22 the behavioral health community which is mental
23 health, substance use disorders and acquired brain
24 injury and those are our TAC members.

25 So, we had our meeting on

1 September 12th and we had five of our six members
2 there. We had five MCOs represented and we had
3 people from Medicaid and from the Department for
4 Behavioral Health.

5 One of the issues that we
6 looked at was the admissions and denials to what we
7 call the Psychiatric Residential Treatment
8 Facilities. Those re PRTFs. You all will remember
9 that we talked at the last meeting about the number
10 of children that are kind of stuck in psychiatric
11 hospitals with no place to go, and one of the places
12 that we're looking is what is happening with the
13 PRTFs. So, we did get all of that information from
14 the MCOs and we will be analyzing them.

15 I should also say that my
16 report is not in your binder because I was bad this
17 time around and was late getting it to you. So, it's
18 a separate handout. It's a front and back, just
19 white paper, and I apologize for that.

20 We also requested data from the
21 MCOs regarding their authorizations for medication-
22 assisted treatment for substance use disorders and we
23 hope to have that for our November meeting.

24 We were very pleased to have
25 Dr. Gil Liu who you heard from earlier come and talk

1 with us about the medically frail category. We in
2 the behavioral health community are very concerned
3 about how that determination will be made, and here
4 are the things that we understand from Dr. Liu.

5 It will be made on the basis of
6 claims data as it is reviewed with a specific
7 analytic tool. There will also be attestations from
8 clinicians that will be submitted for review.

9 There will be automatic
10 inclusion in the category of those who receive SSI
11 and SSDI, the length of time for which the
12 determination will be made.

13 And this is a question we've
14 asked over and over again because people get into
15 recovery, particularly with substance use disorders,
16 often with serious mental illness and we are
17 wondering how that is going to work as people kind of
18 rotate in and out of recovery and that's to be
19 determined.

20 Some of these classifications
21 will undoubtedly be for a lifetime. Others may be
22 for as little as six months at a time.

23 We're concerned also about the
24 notification of Medicaid members about their
25 category. This is a really important category

1 because people that are in it do not have to pay
2 premiums. They do not have to meet the work or
3 community involvement requirements. And, so, for our
4 people with these kinds of disabilities, this is
5 really going to be critical, and there's a lot of
6 anxiety out there among family members and consumers
7 about who is going to be in that category or not.

8 There will be an appeal
9 mechanism available, and we're still not sure how the
10 definition of a chronic substance use disorder will
11 be determined or made with regard to that category.

12 We hope to have Dr. Liu back in
13 November. We're hoping that the Waiver will be
14 approved by then. We've heard it was thirty days for
15 about six months now and we hope to have him back.
16 We really appreciate his openness to dialogue with
17 our group.

18 Advocates and providers with
19 individuals with brain injury continue to be
20 concerned about problems in the regulations which we
21 brought to you last time. We have several
22 recommendations around that category of folks.

23 One is that DMS report on the
24 status of the Neurobehavioral Unit which was to be a
25 part of the Eastern State Hospital but we think

1 actually never happened.

2 We also recommend that a Crisis
3 Stabilization Unit specifically for acquired brain
4 injury be established. This is particularly needed
5 when an individual with a brain injury is no longer
6 successful in his or her current placement, is out of
7 control and cannot return home. And parents,
8 families, as you can imagine, are just desperate to
9 try to figure out where these folks could go next for
10 their care and treatment.

11 We also recommend that
12 personnel care services be made more compatible to
13 meet the needs of individuals with an acquired brain
14 injury who also use a wheelchair, have diabetes, need
15 feeding tubes, have significant contractures or other
16 complex medical and physical needs.

17 And, finally the regulation
18 that limits the number of hours that adult day
19 treatment is open be extended into evenings and
20 weekends. It would provide a true social opportunity
21 for individuals when they want to access the
22 community. Right now, it's pretty much restricted to
23 an eight to five, five days a week.

24 We want to thank Medicaid for
25 the issuance of Emergency Reg 907 KAR 3:066E

1 regarding non-emergency medical transportation. We
2 now have that available to take our folks to the
3 pharmacy, and you can imagine how important it is,
4 particularly with your behavioral health patients
5 that they get their prescription and be able to get
6 to the pharmacy to get it filled so that there's no
7 gap in the medication. So, we appreciate that very
8 much. Thank you.

9 We also have changed the
10 meeting. Our next meeting date, we decided we didn't
11 want to meet on Halloween. No. Actually, it was
12 because we didn't want to compete with the provider
13 forum. So, we will meet on Wednesday, November 1st.
14 Thank you very much.

15 CHAIR PARTIN: Thank you.
16 Children's Health. Consumer Rights and Client Needs.
17 Dental.

18 DR. RILEY: Dental met on
19 August 23rd; but since we didn't have a quorum, we
20 cannot forward recommendations at this time.

21 CHAIR PARTIN: Thank you.
22 Nursing Home Care.

23 MR. TUMBO: We just wanted to
24 thank the Department for their work on this clocks'
25 change that's going on and transparency with all of

1 that. We appreciate the effort that is going into
2 that.

3 CHAIR PARTIN: Home Health.

4 MS. STEWART: We met yesterday.
5 One of the hot topics that we discussed was the
6 labor-intensive effort to verify that physicians are
7 active in the Medicaid Program. So, we had a healthy
8 discussion on that and probably more to come.

9 CHAIR PARTIN: Okay. Thank
10 you. Hospital Care.

11 MR. CARLE: I don't see the rep
12 from the hospital here. So, I will go ahead and give
13 that report.

14 The Hospital TAC met on
15 September 9th and a quorum was present. The main
16 discussion item was revision of the methodology for
17 distributing DSH payments to hospitals. A statutory
18 change will be needed in the next legislative
19 session.

20 The KHA has worked with its
21 members to update the methodology and presented its
22 recommendations through the TAC to the Department.

23 They also had additional
24 discussions with regards to the IMD exclusion related
25 to mental health, and Sheila has talked about this

1 also in the past.

2 Previously, the Hospital and
3 Behavioral Health TACs have formally recommended to
4 the MAC that the Department immediately implement the
5 new CMS rules that allow states to pay for up to
6 fifteen days of care per month for an adult Medicaid
7 patient in a freestanding psychiatric hospital.

8 And there's a hearing going on
9 right now over at Budget Review simultaneous to this
10 meeting with regards to this.

11 The TAC also discussed several
12 issues related to the MCOs. The TAC was informed
13 that hospitals need to file complaints with the
14 Department regarding MCO payment issues in order for
15 the Department to assign penalties for corrective
16 action.

17 Some hospitals have not done
18 this because they have not known this methodology and
19 they were holding monthly MCO meetings to discuss
20 this. So, that will be rectified moving forward.

21 Lastly, the TAC members
22 expressed concern and frustration with a new Aetna
23 policy. Inadequate notice was given as a fax was
24 sent dated September 1st stating that on the same
25 date, there would be a new process for unlisted

1 codes.

2 The Commissioner requested a
3 copy of this Aetna communication. Aetna has since
4 rescinded this policy, but the fact that it was
5 implemented without any discussion with providers
6 plus the time and manner in which it was communicated
7 was very concerning.

8 That's it. Thank you.

9 MS. HUGHES: Chris, could you
10 send that to me, your recommendations?

11 MR. CARLE: Yes. I thought
12 they already had and I'll make sure that you get a
13 copy.

14 MS. HUGHES: Thank you.

15 CHAIR PARTIN: Intellectual and
16 Developmental Disabilities. The Nursing TAC has not
17 met. Optometry.

18 DR. COMPTON: We met on
19 September 7th. All the MCOs and their subcontractors
20 and DMS were there and we had a quorum but we have no
21 recommendations at this time, and the next meeting
22 date is yet to be set.

23 CHAIR PARTIN: Thank you.
24 Pharmacy TAC. Physician Services.

25 DR. GUPTA: We did meet last

1 month but I do not have the report. I'll have it
2 submitted after.

3 CHAIR PARTIN: Thank you.
4 Podiatry. Primary Care.

5 MR. BOLT: David Bolt on behalf
6 of Chris Keyser, the Chair of the Primary Care TAC.
7 We did meet on September 14th and a quorum was
8 present.

9 We essentially reissued some of
10 our previous recommendations since we really have not
11 gotten a formal response yet.

12 Primarily, the feedback from
13 our providers is we need to move a little bit further
14 on the wrap reconciliation. While we do understand
15 that the Department is working very hard on auto-
16 posting capability, that will be a godsend when and
17 if it gets done and will relieve a lot of extra
18 manual work that providers are having to go through.

19 I want to skip one. We brought
20 up quality, a discussion on quality at our previous
21 meeting back a couple of months ago. And I just want
22 to say something to the Commissioner and his staff.

23 We really appreciate the effort
24 and the partnership that they have created, and the
25 Cabinet, in really defining what quality should be

1 and how it should be approached, how it should be
2 measured, and we look forward to working with the
3 Commissioner, his staff and the Cabinet on that.

4 We think, too, and it goes to
5 an actual recommendation, we think a similar approach
6 ought to be taken with risk-scoring adjustment where
7 it is consistent among all payors and a process that
8 is compliant, not that we're saying they're not
9 compliant now, but a compliant-consistent process
10 amongst all the managed care organizations.

11 We still wait a modifier for
12 non-face-to-face encounters. That has been under
13 discussion. We've had two false starts where DMS has
14 said we're going to use this modifier and then we
15 find out HP says no. So, we really think somebody
16 ought to talk to HP and tell them to find a modifier.

17 We talked a little bit about
18 the centralized credentialing that's being discussed.
19 And, again, we want to emphasize a much earlier
20 recommendation we made about, yes, credentialing is
21 an issue but loading credentialed providers to a par
22 line is probably more of an issue and often confused
23 as the problem as opposed to credentialing itself.

24 The organizations we work with
25 have delegated credentialing. That's done monthly.

1 Where we see the problem is in the load time. We did
2 recommend ten days; but for my MCO friends in the
3 room, I'll settle for fifteen.

4 We did talk about a couple of
5 licensure issues where licensure for community health
6 centers and rural health clinics currently in
7 existence in the state are much more stringent in a
8 couple of areas than federal guidance at this point.

9 For example, with RHCs, the
10 requirement now from the federal level and CMS is
11 that a provider only needs to be onsite once every
12 two weeks instead of every week.

13 They have begun to recognize
14 the fact that electronic medical records, telephones
15 and video conferencing can work just as well in
16 providing the necessary roles there and with the
17 other requirements which was a good idea in 1973 when
18 it was put in the regulation that every provider at a
19 licensed primary care center be on courtesy staff or
20 active staff at a hospital.

21 But with the advent of
22 hospitalists in the last twenty years and agreements
23 with hospitals to take care of inpatient needs, we
24 think that should be brought in line with what the
25 current federal guidance is.

1 CHAIR PARTIN: Is that one of
2 your recommendations?

3 MR. BOLT: Yes, ma'am. That's
4 in there, too. Thank you all. And it's really
5 awesome to see this. Thank you all very much. This
6 means a lot to those of us out in the weeds having
7 you all here, and I'm very, very impressed with the
8 discussion and the questions, even from Chris. Thank
9 you all.

10 MR. CARLE: Hold on, before you
11 leave, since you went there. You opened it. Where
12 are we with the licensure issue? That obviously has
13 to go to the State Licensure Board but where are you
14 with that?

15 MR. BOLT: We had an OIG rep at
16 the TAC meeting and they said they had the ability to
17 have more stringent licensure regulations, and we
18 don't debate that. The thing we're seeing, though,
19 in a lot of rural areas and inner-city areas with the
20 shortage of primary care providers we have, this
21 creates a problem.

22 And having a physician or
23 somebody else on staff at a--and we've got forty
24 counties now without hospitals. So, in order to be
25 an active staff member at some facilities, the

1 physician would be traveling thirty, forty, fifty
2 miles in some instances. So, we think that's
3 important from that perspective.

4 And, again, the same thing with
5 the rural health clinics where the physician now by
6 federal CMS guidelines only has to be there every two
7 weeks. Again, that can be done via video
8 conferencing or telephone and it's allowed under CMS
9 rules.

10 So, we're just asking for your
11 all's support there. We're not going to kick the can
12 down the road. We're going to kick it upstairs and
13 move on it because it's important to the membership.

14 MR. CARLE: Thank you.

15 CHAIR PARTIN: Thank you.

16 Therapy Services.

17 MS. HUGHES: Beth was not able
18 to be here today. Her letter is in here. And also I
19 forgot but Pharmacy is in here also.

20 CHAIR PARTIN: Okay. Since we
21 have the reports in our binders, we will consider
22 those recommendations as part of the meeting.

23 We have forty-five minutes
24 left. Let's go to the presentation on substance use
25 disorder and treatment and Casey's Law.

1 MS. SLUSHER: Hello. I'm
2 Koleen Slusher. I'm the Director of Behavioral
3 Health of the Department for Behavioral Health,
4 Developmental and Intellectual Disabilities.

5 MS. DICKINSON: I'm Tanya
6 Dickinson. I'm the Director of Program Integrity
7 Division at Behavioral Health.

8 MS. SLUSHER: And you should
9 have a copy of a PowerPoint. We'll try to be
10 cognizant of time since we're running out of it right
11 now.

12 If you flip to the first page,
13 it kind of gives an overview of the Department which
14 shows the Divisions that fall under the Department
15 for Behavioral Health.

16 So, the Division of Behavioral
17 Health - and my name is right under there - it covers
18 Adult Substance Abuse, Prevention and Promotion,
19 Children's Behavioral Health and Adult Mental Health
20 Services.

21 So, the Department oversees the
22 state and federal funds that serve these areas for
23 treatment in the Commonwealth, and we work to build
24 on resiliency in people in the community who have
25 these issues that we help treat and we facilitate

1 recovery for people who are affected by mental
2 illness, substance abuse and disabilities.

3 The Division of Behavioral
4 Health is responsible for the administration of
5 state- and federally-funded mental health and
6 substance abuse treatment services throughout the
7 Commonwealth, and treatment, support and oversight
8 services are achieved with the assistance of the
9 Branches that fall under this Division.

10 So, if you flip to the next
11 page, there is a map that identifies the different
12 areas, including the acute care hospitals such as
13 Central State, Eastern State, the immediate care
14 facilities, specialty clinics which assist people who
15 have developmental and intellectual disabilities.
16 There are three of those in the state.

17 There are residential substance
18 abuse programs identified on the map and a personal
19 care home which is Central Kentucky Recovery Center
20 which is on Eastern State Hospital's grounds.

21 There are three long-term care
22 facilities. And, then, in the bottom right-hand
23 corner, it lists all of the CMHC's that we work with
24 - there are fourteen - and in partnership with the
25 CMHC's, we provide the treatment services that I just

1 described.

2 The CHMC's, as examples of what
3 are provided, crisis services, diversion services,
4 services for adults with serious mental illness,
5 children with serious emotional disorders, substance
6 abuse, DUI, pre-admission screening and resident
7 reviews, homelessness services and prevention.

8 So, the next slide just
9 identifies the four areas which I described as Adult
10 Mental Health, Adult Substance Abuse, Treatment and
11 Recovery, Prevention and Promotion, and Children's
12 Behavioral Health.

13 Due to our time limitations, I
14 will just focus on Substance Abuse and Prevention
15 because those tend to fall together. All the
16 Branches work together collaboratively. Clearly,
17 there's overlap in Branches and the services that the
18 Division oversees.

19 So, the focus is evidence-based
20 practices that focus on promotion, treatment and
21 recovery services. The Adult Substance Abuse
22 Treatment Branch is composed of several special
23 initiatives and programs that I will talk about as
24 time allows.

25 We oversee the federal

1 substance abuse block grant funds that are
2 distributed to community mental health services to
3 provide services statewide, and they use evidence-
4 based practices which are required to ensure that
5 CMHC's are providing quality treatment services to
6 clients.

7 The staff work with the CMHC's
8 to improve the process of collecting data on clients
9 served and establishing outcome measures.

10 In the Prevention and Promotion
11 Branch, they use targeted evidence-based prevention
12 strategies for the reduction in rates of alcohol,
13 tobacco and other drug use and abuse and suicide.

14 With state and federal funding,
15 some prevention services are provided through
16 contracts with community-based providers and
17 partnerships with community agencies and coalitions.

18 General prevention strategies
19 consist of community-based processes and
20 environmental strategies, education, problem
21 identification and referral, and alternative
22 strategies are provided through the fourteen regional
23 prevention centers which are connected to the
24 community mental health centers, are housed in the
25 community mental health centers, and, then, of

1 course, the other two Branches.

2 Your next slide has the
3 prevention categories on it. I'll give you a brief
4 overview of those.

5 The regional prevention centers
6 are what I just mentioned that are housed in the
7 CMHC's. They are staffed by certified prevention
8 specialists. They engage in universal, selective
9 and indicated prevention strategies. Their primary
10 goal is to shift community norms that support
11 unhealthy and illegal substance abuse by citizens.
12 They work with and on behalf of all ages and
13 developmental stages.

14 Some of the evidence-based
15 programs that they use are called Prime for Life,
16 Truth and Consequences, Making Healthy Choices and
17 Zero Tolerance.

18 The policy and practice
19 approaches include smoke-free ordinances, more
20 responsible retail advertising of tobacco and
21 alcohol, and school and local government policies
22 aimed at reducing youth access to substances.

23 There are five subject matter
24 experts on the prevention strategies involved with
25 alcohol, tobacco, marijuana, substance-exposed

1 infants and faith-based communities.

2 In terms of suicide prevention,
3 they work to develop a comprehensive system of
4 strategies to reduce the number of Kentuckians who
5 die by suicide. The zero suicide initiative works to
6 create a fully functioning system of care for
7 Kentuckians who have suicidal ideation through
8 completed suicides from a prevention/intervention
9 perspective.

10 And they use something called
11 Sources of Strength which is an evidence-based,
12 youth-driven, resiliency-based program in the
13 schools.

14 And another area is the Youth
15 Empowerment System which is youth groups working on
16 substance use prevention and they also focus on
17 gambling prevention.

18 Your next slide talks about
19 specific substance abuse initiatives. So, one of the
20 intervention areas is pregnant and parenting mothers.
21 And the first one on your slide there is KY Moms
22 Maternal Assistance Towards Recovery.

23 And this purpose is to decrease
24 harm to mothers and children from use during and
25 after pregnancy and it supports community mental

1 health centers in providing Medicaid reimbursement
2 for case management and prevention and it goes two
3 months post-delivery.

4 The next one identified that
5 comes after that is called S.M.A.R.T.S. and it
6 follows the clients for two years trying to get them
7 involved in treatment and get their needs met.

8 The other area is Neonatal
9 Abstinence Syndrome and, then, it identifies some
10 specific programs starting with the Chrysalis House.

11 Other interventions include the
12 continuum of care including residential, transitional
13 and intensive outpatient programs. And in the
14 parenthesis there, those are our community mental
15 health centers that help to meet those needs.

16 On your next page, the
17 interventions are continued and it just mentions what
18 some of those are, so, the narcotic treatment
19 programs including methadone clinics.

20 There's an expansion of
21 medication-assisted treatment and driving under the
22 influence. So, there's a big DUI program where
23 people go and they're court-ordered to get DUI
24 assessments and treatment needs.

25 And, then, the military focus

1 which is service members, veterans and their
2 families, and under that are some programs that are
3 overseen, including Operation Immersion, Operation
4 Headed Home and, then, each CMHC has a military
5 behavioral health specialist located in their
6 facility to meet the specialized needs of the
7 military and their families.

8 On the next page is Recovery
9 Support, and the first one on there is Cooperative
10 Agreement to Benefit Homeless Individuals which here
11 is the CABHI grant and it has to do with homeless
12 veterans or other people who are affected by
13 homelessness who have SMI or a substance use disorder
14 or cooccurring disorders and helping them to find
15 housing and their needs being met.

16 Oxford House, it's a self-
17 sustaining housing mechanism where patients, after
18 recovery, as part of their recovery, go in and live
19 together and pay their bills and sustain housing for
20 themselves.

21 Supported employment and
22 tobacco cessation also fall under Recovery Support.

23 Other areas include workforce
24 development. So, there's peer supports which CMHC's
25 are trying to use in all areas of recovery for the

1 communities, and the Annual Kentucky School which was
2 just held this past summer and has to do with
3 education and providing presenters to benefit
4 community providers.

5 Then there is the Kentucky
6 Prevention Network, Prevention Academy and the
7 Providers' Clinical Support System for Medication-
8 Assisted Treatment.

9 On your next slide, the next
10 three focus on KORE which is the Kentucky Opioid
11 Response Effort and this falls under the State
12 Targeted Response to the Opioid Crisis Grant. It's
13 funded by SAMHSA through the 21st Century CURES Act
14 and it's a two-year formula grant with the first year
15 being \$10.5 million.

16 So, the point of this, the
17 purpose here is to have a targeted response to
18 Kentucky's opioid crisis by expanding access to a
19 full continuum of high-quality, evidence-based opioid
20 prevention, treatment, recovery and harm reduction
21 services and supports.

22 The last sentence there talks
23 about the highest-risk geographic regions of the
24 state and the highest-risk populations. And, so,
25 those regions are Louisville, Lexington, Northern

1 Kentucky and Eastern Kentucky.

2 The KORE Grant on the next page
3 talks about how it includes prevention services which
4 again revolve around evidence-based youth
5 programming, naloxone distribution and drug take-back
6 and disposal.

7 In terms of treatment as it
8 referenced on the previous page, expanded access to
9 medication-assisted treatment and bridge clinics
10 which have to do with coming in to a hospital and
11 immediately being bridged over to the services that
12 you need to continue your treatment, and, then,
13 recovery which has a big emphasis on peer support
14 specialists, the training that they need, recovery
15 support groups, supported housing and employment.

16 On the next page, it talks
17 about coordination of agency contact. So, clearly
18 one of the areas of intervention here would be
19 bringing all of these people together which, of
20 course, would be BHDID and the Department of Public
21 Health, DCBS and OIG which would cover KASPER and, of
22 course, Medicaid, Justice and Public Safety and AOC
23 and Department of Education, so, bringing everyone
24 together to address what the needs are for the
25 community.

1 And, then, the very end here,
2 we wanted to touch on Casey's Law. So, as of
3 September 25th, there have been 221 petitions filed,
4 and this came from the Administrative Office of the
5 Courts. And assistance is provided by the County
6 Attorneys' Offices to have these petitions filed as
7 needed and they're filed to the District Court.

8 And I assume you guys know, but
9 the law became effective in Kentucky in 2004 and it
10 allows the parents, relatives or friends of an
11 addicted person to lawfully intervene for
12 involuntary court-ordered treatment for a substance
13 use disorder.

14 So, I know that was a lot of
15 information.

16 CHAIR PARTIN: This is a lot of
17 information. How many people are being reached by
18 all of this? How many people are accessing this kind
19 of assistance?

20 MS. SLUSHER: Through all of
21 these services?

22 MS. DICKINSON: Or Casey's Law
23 specifically?

24 CHAIR PARTIN: Through the
25 services.

1 MS. DICKINSON: I don't think
2 we have an entire number of everyone receiving them
3 because they are received through so many different
4 locations.

5 We can get and bring back some
6 reflected data for you but this encompasses
7 everything from community mental health centers to
8 hospital facilities that are operated by the
9 Department, facilities that we provide technical
10 assistance to but we have no operation and oversight.
11 We would want to define pretty carefully what kind of
12 group we're talking about.

13 CHAIR PARTIN: Okay. I guess I
14 just wanted to get a sense of are we reaching people?
15 I mean, this is a lot of information and you went
16 through it quickly, and I understand we've got a time
17 crunch, but I guess the idea was to inform us of
18 what's available but also inform us as to if people
19 are really able to access these services and if it's
20 a benefit. We hope it is.

21 MS. SLUSHER: That's part of
22 what we were talking about with outcome measures and
23 trying to see how many people are accessing services
24 and the efficacy of those services. So, certainly if
25 there are specific areas, we can report back.

1 The one thing that I didn't say
2 that was in my notes here is we do serve over 800
3 clients that are served daily in inpatient facilities
4 and those would include the facilities that Tanya
5 just mentioned which would be hospitals,
6 intermediate-care facilities, long-term care
7 facilities and that's on a daily basis; but if you're
8 looking for more specific populations served by these
9 specializations, we can do that.

10 MS. CURRANS: Can I ask a
11 question about Casey's Law----

12 MS. SLUSHER: Yes.

13 MS. CURRANS: ----we've had in
14 my rural community. One of the concerns is because,
15 a friend, for instance, can petition, but, then,
16 there's always questions about who becomes
17 financially responsible. Can you answer that?

18 MS. SLUSHER: The way that we
19 understand it is that the petitioner is responsible
20 for those treatment costs, so, that evaluation, the
21 followup treatment and the transportation as well.

22 MS. CURRANS: So, the friend.

23 MS. SLUSHER: Yes.

24 MS. CURRANS: The petitioner.

25 MS. SLUSHER: The petitioner,

1 right.

2 MS. STAFFORD: I have a
3 question about Casey's Law as well. I'm sorry. Did
4 I interrupt?

5 DR. SPIVEY: I do, too. So, go
6 ahead. I'll go after you.

7 MS. STAFFORD: The judgment and
8 order for involuntary treatment, is that in-house
9 and/or an office type thing? Can they do that
10 treatment as far as does it have to be a residential
11 place or can it be a doctor's office? What does that
12 cover?

13 MS. DICKINSON: There's a list
14 of providers, and I'm not sure that I could say
15 definitively that it has to be inpatient or
16 outpatient. There's going to be an assessment that's
17 going to have been done to determine what level of
18 treatment the person is going to need.

19 We can also get back with you
20 specifically, but we didn't prepare a whole lot of
21 depth and detail since it's not usually a Medicaid-
22 related service. These are folks who are self-pays.
23 So, it's not covered by Medicaid.

24 MS. STAFFORD: Okay. Thank
25 you.

1 DR. SPIVEY: I have a question
2 about Casey's Law as well. So, you said there were
3 225 petitions filed.

4 MS. DICKINSON: There were 221
5 that there were judgments and orders for involuntary
6 treatment for fiscal '17----

7 DR. SPIVEY: That had actual
8 orders for treatment?

9 MS. DICKINSON: ----that was
10 provided by AOC.

11 DR. SPIVEY: But you don't have
12 any examples of what that treatment consisted of for
13 them?

14 MS. SLUSHER: You mean whether
15 it's residential or non? Is that what you meant
16 based on that question?

17 DR. SPIVEY: Yes.

18 MS. DICKINSON: There's a list
19 of approved providers. I think it's on AOC's
20 website. We can access that for you.

21 DR. SPIVEY: So, on that
22 website, it tells like--I kind of wanted something
23 more specific than that. I understand there's a list
24 and I am familiar with that, but I just was wondering
25 more of an outcome base as to what happened. I don't

1 want to know who they were. I want to know
2 specifically what happened. What kind of outcomes
3 did this law provide? Obviously, the petitions were
4 successful but was the treatment successful? Is it
5 working? That's what I want to know. Does that make
6 sense what I'm saying?

7 MS. HUGHES: Tanya, do you all
8 actually administer this program or is it through
9 AOC?

10 MS. DICKINSON: We do not
11 administer the Casey's Law program. We may have some
12 involvement or some oversight with some of the
13 programs that are providing services under a Casey's
14 Law order but not as a specific program that is
15 tracked.

16 And when I contacted the
17 Administrative Office of the Courts for data from
18 them, they were concerned about how much they were
19 going to be able to provide to me. So, my suspicion
20 is that they don't administer it like a program
21 either. So, there's not going to be that ready
22 access to outcome data for people who were under an
23 order.

24 They might have people
25 successfully released from petitions but I hesitate

1 to guess what AOC could provide. They were concerned
2 about what they could provide.

3 DR. SPIVEY: So, they haven't
4 provided data of who was released from the petition?

5 MS. DICKINSON: I didn't
6 specifically ask for that. I asked for how many
7 orders had been granted for the fiscal year.

8 DR. SPIVEY: Thank you.

9 MR. WRIGHT: Might I ask a
10 question about the KORE program as well? That's a
11 two-year formula grant that is a sizeable amount of
12 income. I wanted to know what the outcome measures
13 might be related to that as well, specifically the
14 metrics for that program and who is monitoring those
15 metrics?

16 MS. DICKINSON: We're just
17 beginning the KORE grant. We've just received it and
18 are in the process of putting out awards to programs.
19 We're just getting ready to put out funding dollars
20 to programs to deliver services. Dr. Katie Marks is
21 the Project Director for that. And, so, we've not
22 really been able to publish--there's been no results
23 yet to publish.

24 There are significant metrics
25 that are required by SAMHSA to collect. And as the

1 programs start going forward, there will be a lot of
2 data that will come from that.

3 MR. WRIGHT: Process data,
4 informative, summative.

5 MS. DICKINSON: Absolutely.
6 That's a national effort. So, it will be comparable
7 across states.

8 MR. WRIGHT: Is there a
9 sizeable amount of human capital that has to come
10 into that project as well, putting people on the
11 ground in certain locations?

12 MS. DICKINSON: Yes and no.
13 Ten million dollars divided across the whole state is
14 not really a whole lot of money and most of it is
15 going to be done through agreements with local
16 providers, existing local providers. And, so, some
17 of them will hire additional staff and that's going
18 to be absolutely required. Some of that will fund
19 treatment beds for individuals.

20 MR. WRIGHT: Thank you.

21 MR. CARLE: How about the
22 expansion of the MAT programs and where are they
23 located?

24 MS. DICKINSON: They're listed
25 on here, I think.

1 MR. CARLE: I have no idea
2 where Pennyroyal is or Four Rivers.

3 DR. SCHUSTER: Pennyroyal is
4 Hopkinsville.

5 MR. CARLE: Okay. How are they
6 doing?

7 MS. DICKINSON: They have just
8 started receiving some funds about two years ago.
9 Your Substance Abuse Branch is closer to it but I
10 know that we're getting back good information from
11 them and that they are expanding services and making
12 more beds available and that's been the biggest push
13 is to increase the bed space and the referral amount.

14 MR. CARLE: I was under the
15 impression a lot of those were outpatient for MAT.

16 MS. DICKINSON: I'm sorry.
17 That was a great answer for NAS.

18 MS. SLUSHER: Are you talking
19 just in terms of expansion?

20 MR. CARLE: Yes.

21 MS. SLUSHER: I don't know the
22 exact numbers. We can get them in terms of where it
23 was and where it is now in terms of percentages of
24 increase.

25 MR. CARLE: Okay. And, again,

1 we're looking for measures and outcomes and how
2 effective is it. We're expanding one in Northern
3 Kentucky that's going to be open probably I think in
4 the next few weeks and we've had some really, really
5 good success with this. So, it would just be nice to
6 know how it's going throughout the state.

7 MS. SLUSHER: Sure.

8 CHAIR PARTIN: So, just these
9 centers are the only ones doing that - Pennyroyal,
10 Four Rivers, NorthKey and Comprehend? Those are the
11 only ones that are doing it?

12 MS. SLUSHER: That's the
13 information I have, yes.

14 MS. DICKINSON: They're the
15 only ones that we're funding. There are a number of
16 programs that have applied. I know anecdotally that
17 we've had some additional applications for methadone
18 treatment programs that have applied to us but----

19 CHAIR PARTIN: Those are the
20 only ones that----

21 MS. DICKINSON: That we have
22 some oversight of as a funding source.

23 CHAIR PARTIN: Okay.

24 MS. ROARK: I would like to add
25 to the Casey's Law. I'm a mother that did the

1 Casey's Law and I have my daughter in the audience
2 today. She is a survivor. You was asking questions
3 about the payment and the success.

4 I hear not everything is good
5 but it saved my daughter's life. You're talking
6 about I went to the courts and petitioned. She was
7 in danger to herself and others and she had to have a
8 psychiatric evaluation; and at the time, she had a
9 medical card that paid for this.

10 They told me that the Casey's
11 Law was expensive. You can't afford it. I wasn't
12 out any money. I'm blessed. And I took her to
13 Harlan County, and the minute I called and told them
14 I had Casey's Law, they took her immediately.

15 I'm on a Casey's Law Facebook
16 page and I read about the success stories, and I
17 appreciate you all coming today and touching on the
18 Casey's Law. I've been waiting a couple of months
19 for this to take place.

20 We have a big epidemic of
21 substance use, but I'm happy and proud to say today
22 that my daughter is sitting here.

23 CHAIR PARTIN: Does anybody
24 else have questions? Thank you, Peggy, for bringing
25 this forward and asking us to do this.

1 MS. ROARK: I appreciate you
2 all. Thank you.

3 MS. SLUSHER: I just wanted to
4 add really quickly that there is a recovery rally in
5 the Rotunda today at 1:30 for Recovery Month. I just
6 wanted to bring that to everyone's attention.

7 MS. ROARK: Yes. I thought
8 about attending that, too.

9 MS. SLUSHER: Thank you for
10 your time.

11 CHAIR PARTIN: We've got two
12 more presentations and then we've got some New
13 Business. Humana.

14 MS. STEPHENS: Hello. My name
15 is Cathy Stephens and I wanted to say thanks for the
16 opportunity to present today. We always look forward
17 to these opportunities and your feedback.

18 Humana-CareSource has been in
19 the Kentucky Medicaid Program since 2013. We have
20 about 145,000 members and we have partnered with
21 CareSource to administer our Medicaid Program and I
22 think that may be common knowledge. I just thought I
23 would go over it for those of you that are new.

24 We are really, really proud of
25 our strong, comprehensive network of providers. We

1 work hard and have traditionally had a strong network
2 and have built on that to have more Medicaid-focused
3 providers as well.

4 The other thing we're really
5 proud of is that we have assisted 995 providers in
6 obtaining their Medicaid certification. So, we're
7 very proud that we're able to partner with providers
8 and get them into the Medicaid Program and assist
9 them in that process.

10 Our state network includes over
11 20,000 dedicated providers. So, as you can see, it's
12 a strong network.

13 We did a high level list for
14 you on this slide of what makes up that 20,000. So,
15 that's something that we are proud of and we continue
16 to work on.

17 And along with having a strong
18 provider network, that comes with making sure you
19 have strong provider relationships. So, in the last
20 year, we added to staffing to make sure that we
21 improved our provider rep to provider ratio.

22 We're also very proud of our
23 provider portal. Just a few things. It allows
24 providers to complete electronic claims submission
25 and it's at no cost. So, they can come onto our

1 portal and complete those at no cost.

2 We also enhanced the provider
3 portal this last year to have improved member
4 eligibility view by adding the disenrollment
5 information as well. And, of course, our provider
6 portal has many links and a lot of information out
7 there to support the needs, of what the providers
8 need and get them information and ways to find out
9 what they need to know.

10 The other part of that is
11 throughout the year, we provide education for our
12 providers in various forms. We have provider forums.
13 We have webinars. Provider reps go out and give
14 guidance and answer questions and provide education.
15 We also have packets and various information we share
16 with them throughout the year. We've also included a
17 list of our provider reps and their contact
18 information by region.

19 Any questions on what we've
20 covered so far?

21 We partner with Avesis for our
22 Dental Program, and Dr. Caudill is here today to tell
23 you a little more about that.

24 DR. CAUDILL: I'm Dr. Jerry
25 Caudill. I'm the State Dental Director for Avesis,

1 Incorporated which is a Guardian company.

2 As stated, Avesis is the Dental
3 Benefits Administrator for Humana-CareSource. And I
4 believe it was previously mentioned last year at the
5 MAC that when Humana-CareSource switched to Avesis,
6 their dental network size approximately doubled.
7 And I'm happy to report that since then, we have
8 increased their network an additional 10% as we
9 continue recruitment.

10 Regarding the Humana-CareSource
11 adult Medicaid enhancements, while the DMS fee-for-
12 service fee schedule allows only one adult cleaning
13 per year, Humana-CareSource decided to match the two
14 visits per year allowed for children and we're
15 allowing that for adults. This also maintains the
16 one visit every six months as is seen in the
17 commercial world.

18 Humana-CareSource has also
19 chosen to pay 100% of the current DMS fee-for-service
20 fee schedule for both restorative and surgical
21 procedures.

22 To further promote the Kentucky
23 Triple Aim goals, Avesis made important grant awards
24 during 2016. Avesis granted \$30,000 to the Big Sandy
25 Community and Technical College in Prestonsburg.

1 This grant was in support of the Community Dental
2 Health Coordinator Certificate Program.

3 This is the first program of
4 its kind in Kentucky and only the third in the
5 nation, thus putting Kentucky on the leading edge of
6 dental case management in America. This ADA-
7 developed program trains dental hygienists and social
8 workers to become community outreach dental case
9 managers, and Big Sandy noted that this program would
10 not have happened without this grant. While case
11 management is nothing new to the medical world, this
12 is entirely new territory for dentistry.

13 Our second grant was for
14 \$20,000 to the Red Bird Mission Clinic in
15 Southeastern Kentucky. This grant was used to
16 purchase an entire portable dental clinic, including
17 dental chairs, lights, autoclaves, x-ray equipment
18 and other equipment that allows not just screening or
19 cleanings but also basic fillings and extractions.

20 The Red Bird Clinic has
21 partnered with the University of Louisville School of
22 Dentistry who will be supplying additional manpower
23 to treat patients in this promise-zone area.

24 I actually spoke with the Red
25 Bird Clinic this morning and the program is now in

1 full swing visiting senior citizen centers, nursing
2 homes and schools.

3 Finally, Avesis participated in
4 the February 3rd Give Kids a Smile screening blitz in
5 Louisville. Avesis covered one-third of the entire
6 cost of the program, working with the University of
7 Louisville Dental School. Avesis supplied four of
8 our field staff providers, three of which are
9 licensed dental hygienists.

10 While we were there at the
11 school, and there were six elementary schools
12 involved in this blitz, not just screenings were
13 provided but oral health education was provided to
14 approximately 3,000 Louisville elementary children.

15 Avesis continues working on
16 out-of-the-box initiatives for integration of care.
17 So, stay tuned.

18 MS. STEPHENS: Any questions?
19 We're going to move to pharmacy, and we have our
20 Pharmacy Director who is going to share our pharmacy.

21 DR. VENNARI: Good afternoon.
22 My name is Joe Vennari. I'm the Pharmacy Director
23 for Humana-CareSource.

24 We're looking at a new opioid
25 approach for acute pain. What we're going to be

1 looking at its limits on morphine equivalent dosing
2 for short-acting agents. The max dose per day would
3 be 60 per Rx. So, that is to say if you have a
4 patient on Tramadol and Hydrocodone, each
5 prescription would be okay for 60 morphine equivalent
6 dosing.

7 Limits on short-acting agents
8 for opioids would be also employed. We would be
9 identifying new patients, looking at claim history,
10 less than a 90-day supply over the last 120 days and
11 this would be an accumulative approach where, again,
12 if you had someone on Tramadol for three days and
13 Hydrocodone for three days, that would be six days of
14 those. That would be counted as six days.

15 PA's would be employed for any
16 supply greater than seven days and a PA also would be
17 required for greater than fourteen days in a rolling
18 forty-five days.

19 And, of course, we would also
20 have - I don't believe it's here - but a PA for
21 morphine equivalent dosing being requested of greater
22 than sixty.

23 A PA will also be available
24 where medical necessity to prescribe opioids exceeds
25 the limits, and we also employ exemptions, being

1 cancer, palliative care, end of life/hospice care,
2 sickle cell, severe burn, traumatic crushing of
3 tissue, amputation and major orthopedic surgery.

4 MR. CARLE: Define major
5 orthopedic surgery. Hip replacement? Knee
6 replacement?

7 DR. VENNARI: Correct.

8 MR. CARLE: Okay. That's part
9 of that?

10 DR. VENNARI: Correct.

11 MS. STEPHENS: We know it's a
12 strong focus for everyone right now and wanted to
13 share our approach with the MAC today.

14 MS. CURRANS: And, then, there
15 are appropriate secondary lines of medications that
16 you all have on your Formulary.

17 DR. VENNARI: Yes. Thank you.

18 MS. STEPHENS: Next we'll have
19 Kristen Mowder speak to our case management and our
20 quality.

21 MS. MOWDER: Good afternoon.
22 I'm Kristen Mowder. I'm Director of Care4U. With
23 that, I'm our Director of Behavioral Health and over
24 quality.

25 What you will see on the first

1 slide is over the past year, we have done a
2 transition from our traditional case management
3 program to what's called our Care4U population health
4 model.

5 So, in the traditional case
6 management programs, what you typically see is that
7 top 1% of the highest cost members are the ones that
8 are case-managed. So, they are the top utilizers,
9 the sickest of the sick. It's clinically-based and
10 typically engaged in the health care setting.

11 So, what we have looked at in
12 our Care4U model is a more population health-based
13 process. So, as you can see on that second tier, we
14 have tiered out our whole population because we want
15 to touch every member.

16 So, if you start down at the
17 bottom, you will see that we have a self-management
18 of the members. And, so, with that self-management,
19 we've implemented some programs.

20 In the commercial world, you
21 have Vitality. So, in our world, what we have is
22 what's called My Health. It's similar to what you
23 see in the commercial world where you have
24 assessments, different kinds of education that you
25 can go through online. You can take our health risk

1 assessment, different things like that.

2 I'll go ahead and talk in this
3 space as well. There's a future slide about what's
4 called My Strength. My Strength is a behavioral
5 health tool that is similar. It's an online tool
6 that members thirteen through adulthood can access.
7 When they sign up for that, they have an
8 individualized page. They can take the assessments
9 of that. So, it's focusing on depression, anxiety,
10 substance use, some different topics like that.

11 There's also articles, daily
12 devotionals, quotes, things like that that they can
13 access.

14 There's rating skills within it
15 as well similar to what you see in your typical pain
16 scale, the faces where you have the frowny face all
17 the way through the smiley face.

18 So, they track how they are
19 feeling in the day, and that could be a tool that's
20 used as they go to see their PCP or other providers
21 where the PCP can look and see a tracking of how
22 their mood has been throughout time.

23 The second tier that you will
24 see is called rising risk. That's 5 to 15% of the
25 population. We call that episodic. There's also a

1 transitional outreach. So, those are the members
2 that are, through our analysis, that they're healthy
3 but they may have something going on that could
4 possibly bump them up to a higher level. And in
5 that, that transitional outreach piece is where we
6 have case managers that monitor those members who are
7 in hospitalization or in a facility and we provide
8 outreach and coordinate care once they are post-
9 discharge.

10 The next level you will see is
11 a one-to-one care coordination. So, that's 1 to 2%
12 of the population. That's more around those social
13 determinants, things that the social worker type
14 position can help the member navigate through systems
15 and navigate through other resources in the
16 community.

17 And, of course, that top .5% is
18 that complex case management. So, those are the
19 high-intensity members that you would typically see.

20 On the next page, you will see
21 more in depth about the population health model. So,
22 when you start the model, we have our population
23 health risk identification. That's done through a
24 John Hopkins ACG Program where they bring in all of
25 our claims, all of our information, analyze it and

1 spit out what the member's risks are.

2 Humana-CareSource has as well a
3 proprietary program that brings in those social
4 determinants. So, we assign those social
5 determinants and vulnerability scores to our member
6 and then we put them in what we call population
7 streams.

8 Our population streams that we
9 have set are maternal child, behavioral health,
10 chronic conditions, acute care and then the healthy
11 individual.

12 Then you go down to the
13 triggers. So, we monitor data for trigger events
14 that may identify additional risks, needs and
15 challenges to the members. So, in those triggers,
16 we're looking at the socioeconomic, the coordination
17 of care and clinical aspects. And, then, that feeds
18 back into that level of care or that triangle that we
19 had just talked about.

20 So, next, if you go to the next
21 page, you will see our care coordination concept.
22 So, that's part of that population health model that
23 we just discussed.

24 So, we have a community-based
25 and member-centric model. We integrate everything -

1 physical health, behavioral health - and we use those
2 analytics to understand prevalent medical, social,
3 behavioral health needs and access to barriers.

4 So, one of the things that
5 we've done is add additional layers of staff in this
6 model as well. So, you traditionally have your RN
7 case managers. In our previous model, we had social
8 workers but they were more as a resource so that if
9 the RN had to get some kind of resource in the
10 community, whether food bank, something like that,
11 they would a one-off with that social worker.

12 In the new model, we call them
13 1:1 care coordinators and they are assigned members
14 just as the RN case managers in that second tier that
15 you had seen.

16 The next layer that we've added
17 are called community health workers. You may have
18 heard them being called in other areas navigators or
19 something like that, but those are individuals that
20 are located throughout the community. They do that
21 face-to-face contact with our members and can assist
22 them with the community resources as well.

23 We talked about the behavioral
24 health pieces.

25 So, if you want to flip ahead

1 to the commitment to our members. There are several
2 member stories in here but I will just go over the
3 first one and then you guys, for the sake of time,
4 can read through the rest of them.

5 The first one is about there
6 was a family that had a one-year-old member that was
7 hospitalized. The mother was pregnant. The family
8 was homeless. The father had lost his job during
9 this time and they had no means for transportation.

10 So, our case management team
11 worked with this family, helped them secure
12 appropriate housing, worked with local resources to
13 find them furnishings for the house, worked with the
14 items needed for the newborn because in this time the
15 second child was born, and assisted the parents in
16 arranging that transportation for the medical needs.

17 So, through all this work, we
18 fast forward and check in on the family. One year
19 later, the father is employed. They have stable
20 housing. They have no food insecurities. Their
21 bills are all current and they have a healthy, happy
22 newborn and toddler.

23 So, if you want to move to the
24 ER rate improvement slide. So, we give you a year-
25 over-year trend. This is ER rates per 1,000 starting

1 with our 2014 data that we had through our 2017 data.
2 And as you can see over the four years, we have had
3 constant improvement. So, we went from 860 per 1,000
4 in 2016 to 738 per 1,000 in 2017.

5 In 2016, we completed an ER PIP
6 that we had running. Some of the efforts that we've
7 done to improve our rates are targeted case
8 management.

9 We've recently looked at what
10 we call census tracks and that's in Region 3, so,
11 that's one of our most populated areas - that's that
12 Louisville and surrounding-county areas - and we
13 looked at our high ER utilizers.

14 And in that, we started out
15 looking at our homeless population and, then, through
16 the analytics, we dug down and noticed that in that
17 population, there was behavioral health and substance
18 use needs in that as well.

19 So, one of the things that
20 we're doing is we're partnering with Centerstone.
21 We're in the early developments of getting the
22 business agreements and the IT work done to be able
23 to securely pass information.

24 What we're looking at is
25 through our ER claims and that inappropriate

1 utilization of ER plus there's behavioral health
2 needs and substance use needs, the plan is to provide
3 that information to the community mental health
4 center. Then they will take those members through
5 their homeless outreach and will try to find those
6 members and help engage them in appropriate
7 treatment; the other members, possibly put them in
8 their targeted case management treatment and other
9 programs that they have.

10 The next slide we have quality
11 and health care outcomes. So, this is based on our
12 HEDIS. So, as you can see from 2015 to 2017 trends,
13 we have steadily increased our HEDIS numbers as well.

14 So, for 2017, we had a number
15 of 86 measures that we improved upon. So, that was
16 61% of the total reportable measures improved for
17 2017.

18 So, our health outcomes
19 improvement activities, we have member incentives for
20 prenatal, postpartum and well-child visits. We have
21 direct and indirect telephonic outreach for well
22 child, lead screenings, dental prevention, prenatal
23 and postpartum visits, diabetes and asthma care, and,
24 then, metabolic screenings for the SMI population,
25 and, then, smoking cessation for pregnant women.

1 We also have a tool on our
2 portal called Clinical Practice Registry and that's
3 in our provider portal. So, what that is is when a
4 provider logs into our portal, they get their panel
5 but they can also download their gaps in care. So,
6 for each member, they can see when their member is
7 coming in what gap in care they have related to the
8 different HEDIS measures.

9 Next and I think our final
10 slide, we talk about our NCQA accreditation status.
11 So, NCQA recently completed their annual review of
12 our HEDIS data for 2017, as outlined in the 2017
13 Standards and Guidelines for the Accreditation of
14 Health Plan for Humana-CareSource.

15 And based on that 2017 results,
16 Humana-CareSource was awarded a commendable status.
17 That is an excellent accomplishment that we are very,
18 very proud of.

19 And, then, also the last part
20 of the slide, you will see that we align our quality
21 strategies with the Institute of HealthCare
22 Improvement Triple Aim strategies. Any questions?

23 MR. CARLE: I think the Anthem
24 reps are still here. How many covered lives do you
25 have in the Anthem programs for the MCO in Kentucky?

1 DR. RUDD: One hundred and
2 twenty-seven thousand.

3 MR. CARLE: One hundred and
4 twenty-seven thousand. So, Humana-CareSource, you
5 have 145,000.

6 MS. STEPHENS: Correct.

7 MR. CARLE: So, they reported
8 their ED visits per 1,000 is 472 and down to 413, and
9 you've seen some really nice improvement but you're
10 at 738. I want to make sure that we're comparing
11 apples to apples.

12 So, we might have to talk to
13 the Commissioner and Veronica and the team to make
14 sure that these are an apples-to-apples' comparison
15 because, again, this is where a lot of the cost is,
16 but it's nice that you have that trend line going
17 down.

18 MS. STEPHENS: Absolutely.

19 MR. CARLE: It's a very nice
20 presentation.

21 MS. STEPHENS: Thank you. Any
22 other questions? Thank you again for giving us an
23 opportunity.

24 CHAIR PARTIN: Thank you.
25 Passport.

1 MR. FELIX: Good afternoon,
2 members of the Council. My name is Carl Felix. I'm
3 the Chief Operating Officer for Passport.

4 DR. McKUNE: And I'm Dr. Liz
5 McKune. I'm the Director of Behavioral Health for
6 Passport Health Plan.

7 MR. FELIX: And let me
8 apologize in advance. I'll try to provide as much
9 brevity as possible.

10 On your slide that you've got
11 is what we call The Passport Difference and I would
12 like to call a couple of things to your attention.

13 Number one is Passport started
14 out as a demonstration project twenty years ago. So,
15 when we start talking about waivers, that's not a new
16 concept. We are provider-sponsored. We are non-
17 profit and mission-driven.

18 What I really wanted to depict
19 on this particular slide was the fact that we have a
20 Commonwealth-wide presence, both from a community
21 engagement perspective and from a provider
22 representative perspective so that we consider
23 ourselves high touch. And from that perspective, we
24 want to make sure that we try to encompass all the
25 major regions in which we have business.

1 We opened an office in
2 Prestonsburg initially to provide some economic
3 stimulus there; but with the onset of Kentucky
4 Health, we're actually strategizing the ability to
5 change that particular facility to have more of a
6 member touch point.

7 On your next slide, you will
8 see the market share. We have 24% of the market in
9 Kentucky. You will notice in Region 3 where we
10 historically started business is where we have a
11 large portion of that population, and in the other
12 regions throughout the state, we range everywhere
13 from 9 to 12%. Questions so far?

14 Our provider network. We have
15 over 26,000 providers in our network. We've doubled
16 that network since 2014. And over the last three
17 years, our behavioral health provider network has
18 grown sixfold.

19 If you look in your appendix
20 later at your own leisure, you'll find we have some
21 more detail in terms of how that particular growth by
22 specialty is categorized.

23 On page 5, this really just
24 shows the claims that were processed throughout that
25 month. We process approximately 431,000 claims on a

1 monthly basis and about 650,000 pharmacy claims. If
2 you look at the average, our average over 2016 was
3 actually 99.99% in sixty days.

4 On page 6, one of the things
5 that we started in 2016 was to begin to socialize the
6 concept of value-based contracting. Primarily,
7 initially, our goal is to do this with primary care
8 providers because they are a touch point and Passport
9 utilizes a medical home model.

10 So, we do assign all our
11 members to a primary care physician, but our
12 challenge has been, even though they are assigned to
13 a primary care physician, that their access to care
14 in terms of seeing those primary care providers is
15 still a challenge.

16 So, we wanted to focus on
17 creating a value-based strategy model specifically
18 with some of our high-volume primary care providers,
19 and we started that process back in 2016.

20 We socialized that with some of
21 our high-volume primary care practices that are in
22 our network and are beginning to actually modify it
23 some of what we consider the metrics to support that
24 process.

25 And, then, also our intent is

1 to roll that out for a 1/1 date in terms of actually
2 beginning an upside on the arrangement with some of
3 our large primary care practices because we all
4 understand that from a fee-for-service perspective,
5 we can't continue along that paradigm and, one, we
6 have to share with our providers some of the limited
7 resources that we have from a financial perspective
8 and also reward them for their ability to deliver
9 effective health care to our membership.

10 On the next slide, you will see
11 come categories. One of the things we found in our
12 conversations with our primary care providers was we
13 wanted the approach to do not only pediatric
14 coverage, adult coverage, but also how do you deal
15 with those blended practices.

16 And one of the modifications
17 that we made in the categories of prevention and
18 quality was allow the ability to have these blended
19 practices have measures that support both of those
20 populations, and this was a direct result of our
21 collaboration with our primary care providers in
22 coming up with these metrics.

23 Am I going too fast? Right on
24 time? All right.

25 I'll let Liz talk about our

1 partnership with Centerstone.

2 DR. McKUNE: On Slide 8, we
3 have a slide depicting our value-based contract with
4 Centerstone. We have partnered with Centerstone of
5 Kentucky in Louisville to work with our population of
6 members who have severe mental illness. As you may
7 know, members with severe mental illness die on
8 average twenty-five years sooner.

9 And, so, the model that we're
10 putting in place is one that Centerstone has used in
11 other states where they have put case management in
12 place that also addresses the medical needs of these
13 members at the same time and tries to drive the
14 members toward their primary care provider.

15 So, at this point, we plan to
16 serve around 300 of our members altogether and we'll
17 be looking at different types of outcomes. And
18 through this process, we have tied payments and
19 incentive to the outcomes for the members based on
20 the results of this pilot.

21 And, so, this was just executed
22 in June and we look forward to seeing if approaching
23 care differently with members will result in better
24 outcomes.

25 MR. FELIX: On Slide 9, we have

1 a strategic partnership with Evolent Health, and one
2 of the reasons we entered into that partnership was
3 the ability to leverage technology to help us both
4 from a perspective of more holistic care from a
5 population health perspective but also the ability to
6 really give us the opportunity to create systems and
7 processes that would make us a differentiator in the
8 Medicaid market.

9 That is what we do. We
10 partnered with Evolent for the ability to get some
11 more technology and things that we were not capable
12 to do on our own. And from that perspective, we
13 believe that this is our holistic goal of creating a
14 Medicaid Center of Excellence but that's something
15 that we strive to on a regular basis.

16 On Slide 10, when we talk about
17 quality care, we also were reaffirmed by the NCQA as
18 commendable for 2017.

19 And if you look at some of
20 these measures here, you see that we have been
21 commendable for the last two years in a row and that
22 is the way that we want to ensure that we continue to
23 service both HEDIS measures as a way to attain that
24 certification, but the underlying goal is to make
25 sure that we can get more quality at the point of

1 service.

2 DR. McKUNE: On Slide 11, we
3 begin to talk about some of our programming that has
4 gone on in order to better address the needs of our
5 members.

6 We have looked through our
7 analytics at different gaps in care plus through
8 talking with our providers and through our behavioral
9 health committee where we have had members
10 participate, as well as advocates to give us feedback
11 on where we might want to address some of the gaps in
12 services at this point in time.

13 We have implemented a couple of
14 pilots thus far that I will share with you on the
15 next page and we're in the process of evaluating the
16 outcomes of those.

17 So, on page 12, the first pilot
18 that we have listed here is our Foster Care Pilot.
19 This is where we have worked very closely with the
20 Department for Medicaid Services, the Department for
21 Behavioral Health and the Department of Community-
22 Based Services to create a pilot in which we could
23 drive resources to a child within their setting to
24 hopefully prevent another disruption of a placement,
25 so, children that are at risk of disruption because

1 of their behavioral health needs.

2 At this point, we are in the
3 process of evaluating those outcomes. We served 57
4 children through this. I can tell you right now that
5 we know that statistically we saw that there was
6 improved functioning in the children, that their
7 behavioral health needs, as well as their overall
8 health needs and their social needs were better met
9 through this model.

10 We're still in the process of
11 determining the specific factors of the children that
12 may have impacted that that could impact policy
13 change going forward.

14 We're currently in discussions.
15 We're looking at a Foster Pilot 2.0 in which we would
16 build upon this and begin to address some of the
17 children that have been in decertified placements in
18 facility-based settings.

19 Also on this page, I took a
20 moment just to describe our Out-of-Home Care Team and
21 those are our dedicated specialists that work with
22 providers, as well as our governmental partners and
23 guardianship members and foster care members in the
24 community to address gaps in care.

25 So, if a claim has gotten hung

1 up somewhere, they drive and chase that down because
2 we know that with these members, due to the fact that
3 they are in out-of-home placement, a lot of times,
4 there is room for errors to occur.

5 The next page, we talk about
6 our emergency room utilization. In 2013, we
7 implemented an ER lock-in program, as well as ER
8 navigator and coordinator programs.

9 We currently have embedded
10 staff in three of our largest hospital-based
11 facilities at this point. We also have some
12 individuals based in our homeless shelters to do
13 outreach as well to address some of these members who
14 are using the ED as their primary care location.

15 In 2016, we outreached to 2,116
16 members and about 139 of those referrals went on to
17 behavioral health as well.

18 So, we have implemented an
19 Emergent Care Program in our case management software
20 program to allow us to assess our members and
21 document outcomes.

22 On Slide 14, we speak some to
23 what we are doing with regards to the opioid crisis.
24 In 2014, we were selected to participate in the
25 Association of Community Affiliated Plans (ACAP):

1 Substance Use Disorder Collaborative.

2 We worked with sixteen other
3 plans across the country to look at how we could
4 better meet the needs of our members with opioid use
5 disorders, and we worked on selecting our project for
6 this as the SBIRT, so, through a primary care setting
7 doing screening, brief intervention and referral to
8 treatment. Since we have implemented SBIRT, we've
9 had over 37,000 members screened for substance use
10 disorders.

11 We also were selected as a plan
12 to participate in the Center for Health Care
13 Strategies and Conrad F. Hilton Foundation Learning
14 Collaborative for Improving Access to SBIRT for
15 Adolescents.

16 So, two of my team have been in
17 Philadelphia all week this week working with other
18 health plans across the country to look at how we can
19 increase the number of screenings of adolescents,
20 what can we do to reduce barriers and incentivize
21 providers in order to conduct these screenings so
22 that we can build relationships; and if members at
23 some point do want to discuss their opioid disorder,
24 that they would see their primary care practice as a
25 safe place to do that.

1 In addition, we have our Opioid
2 Crisis Management Program highlighted and this kind
3 of speaks through what we have done in terms of our
4 pharmacy interventions to address the opioid crisis.

5 MR. FELIX: And, then, the last
6 thing I'd like to talk about for a second is our Go
7 Noodle Program.

8 We partner with several
9 hospitals that offer Go Noodle Plus at over 13,000
10 elementary school classrooms. The program uses
11 technologies to get kids moving.

12 We actually partner with those
13 facilities, and what they will do is take structured
14 breaks that in lieu of just having the kids, it gives
15 them an opportunity to kind of exercise.

16 During the 2015 and '16 year,
17 we achieved over four million minutes of activity
18 thanks to that Go Noodle video and the support that
19 we provided to some of our partners.

20 They also use Mega Math
21 Marathon and scores were 50% higher than those kids
22 that were not using the game. We think this just
23 highlights some of the different dynamic programs and
24 we're pretty proud of the Go Noodle Program.

25 And, again, I apologize for

1 going through this at a thousand miles an hour, but
2 hopefully we were able to cover all the information.
3 We'll gladly take any questions that the Council may
4 have.

5 MR. WRIGHT: Just real quick.
6 My daughters love Go Noodle or whatever it is.
7 They've done it in school. They have special needs
8 and they love it.

9 MR. FELIX: Thank you.

10 MR. CARLE: And I like to see
11 your approach to value-based contracting. That's
12 what I was referring to before in the RFP. We need
13 to be consistent with that type of approach with the
14 RFP coming through in '18.

15 MR. FELIX: Yes, sir. Any
16 other questions from the Council?

17 CHAIR PARTIN: Thank you.

18 MR. FELIX: Thank you. It was
19 our pleasure.

20 CHAIR PARTIN: Last on the
21 agenda, we touched on this a little while ago, the
22 Medicaid Crosswalk for Quality Measures, and Chris is
23 going to talk about that.

24 MR. CARLE: Veronica, if we
25 could just bring this to the group maybe next time,

1 the Crosswalk.

2 My biggest concern which, after
3 researching, there are consistent clinical care
4 indicators in that. We want to make sure that they
5 are consistent with the existing type of MCO
6 contracts, the indicators about diabetes, breast
7 cancer screening, colorectal screening, diabetes eye
8 exam, nephropathy, controlling high blood pressure,
9 and use of imaging studies for low back pain.

10 When I say consistent, we want
11 to make sure the definitions are consistent across
12 the board because what happens a lot of times is
13 Aetna has a different definition than Humana has than
14 Anthem has.

15 In looking through this, it's
16 the same definition that Medicare has right now which
17 is perfect. So, kudos to whoever put this together.

18 MS. CECIL: Yes. It was a
19 fantastic team that I can say I was not on that took
20 over this initiative with working with the Secretary
21 of the Cabinet who she actually was really kind of
22 pushing this.

23 The plan for that is to
24 implement that in a future MCO contract to ensure the
25 consistency. We're moving from HEDIS, our HEDIS

1 incentive program and HEDIS scores to this program.
2 So, it will be consistent among the MCOs.

3 MR. CARLE: And from a provider
4 perspective, you want to make sure, again, those
5 definitions are the same so that you don't have
6 fifteen contracts and fifteen different definitions
7 of what an Alc is.

8 MS. CECIL: Yes, sir.

9 MR. CARLE: Thank you.

10 MS. CECIL: We did present with
11 the Secretary at a conference recently and we were
12 going to take that and provide that information to
13 you all and then kind of do a shorter version of that
14 and a presentation and we can do that at the next
15 meeting.

16 CHAIR PARTIN: Great. Thanks.
17 So, that includes everything on our agenda.

18 Just a reminder, email me if
19 you're interested in running for one of the positions
20 so we can put you on the ballot for the next meeting.

21 We have gone through these
22 presentations rather quickly. So, if you have any
23 questions about those, email those to me so that I
24 can put that under Old Business on our next meeting
25 and we can get some answers to the questions.

1
2
3
4
5
6
7
8
9
10
11
12
13
14
15
16
17
18
19
20
21
22
23
24
25

MR. CARLE: And the next
meeting is?

MS. HUGHES: I believe the next
meeting should be the 16th of November. It will be
the third Thursday because the fourth will be
Thanksgiving.

CHAIR PARTIN: Anything else?
Motion to adjourn.

MR. MARSH: Motion.

MR. WRIGHT: Second.

CHAIR PARTIN: We're adjourned.

MEETING ADJOURNED